

# Individual Best Times (All Time)

Isla MacPhee - (90026401) - Aberdeen Diving Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.07	35.50	280	09/06/24	Dyce LC Meet 2024	Aberdeen	SCO2202	2
50 Breaststroke	46.55	45.90	245	09/06/24	Dyce LC Meet 2024	Aberdeen	SCO2202	2
50 Butterfly	43.94	43.50	171	09/06/24	Dyce LC Meet 2024	Aberdeen	SCO2202	2
50 Backstroke	42.36	41.90	254	09/06/24	Dyce LC Meet 2024	Aberdeen	SCO2202	2

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.96	34.60	307	19/05/24	Westhill Invitational Meet 2024	Westhill	SCO2195	2
100 Freestyle	1:26.54	1:27.50	195	16/09/23	Bridge of Don September Splash 2023	Bridge of Don	SCO2064	2
200 Freestyle	3:18.03	3:19.80	172	02/12/23	Bridge of Don ASC Club Championships 2023	Bridge of Don	SCO2127	3
50 Breaststroke	45.54	46.20	241	19/05/24	Westhill Invitational Meet 2024	Westhill	SCO2195	2
100 Breaststroke	1:39.41	1:40.70	246	19/05/24	Westhill Invitational Meet 2024	Westhill	SCO2195	2
50 Butterfly	38.57	39.10	252	23/03/24	Deveron Sprints 2024	Banff	SCO2176	2
100 Butterfly	1:51.28	1:52.00	114	02/12/23	Bridge of Don ASC Club Championships 2023	Bridge of Don	SCO2127	3
50 Backstroke	41.25	41.70	229	25/05/24	Ythan Junior Age Group Sprint and Relay Meet 2024	Ellon	SCO2197	2
100 Backstroke	1:33.71	1:34.60	200	20/05/23	Westhill Invitational Meet 2023	Westhill	SCO2033	3
100 Individual Medley	1:28.20	1:28.20	263	25/05/24	Ythan Junior Age Group Sprint and Relay Meet 2024	Ellon	SCO2197	2