

Individual Best Times (All Time)

Ellie Carnegie - (90026052) - St Thomas ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.69	35.10	289	24/06/23	East District Summer Sizzler	Edinburgh	SCO2052	1
100 Freestyle	1:10.68	1:09.50	391	27/04/24	Uo Aberdeen PS Age Group Open 2024	Aberdeen	SCO2185	1
200 Freestyle	2:33.01	2:30.70	401	02/03/24	North District Age Groups Rd 2 2024	Aberdeen	SCO2159	1
400 Freestyle	5:23.56	5:19.20	384	28/04/24	Uo Aberdeen PS Age Group Open 2024	Aberdeen	SCO2185	1
800 Freestyle	11:05.07	10:56.30	387	19/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
100 Breaststroke	1:53.16	1:52.00	182	11/06/23	Dyce LC Meet	Aberdeen	SCO2046	1
50 Butterfly	38.12	37.60	263	24/06/23	East District Summer Sizzler	Edinburgh	SCO2052	1
100 Butterfly	1:22.23	1:21.30	307	17/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
200 Butterfly	3:12.23	3:10.60	254	28/04/24	Uo Aberdeen PS Age Group Open 2024	Aberdeen	SCO2185	1
50 Backstroke	37.38	36.80	371	02/03/24	North District Age Groups Rd 2 2024	Aberdeen	SCO2159	1
100 Backstroke	1:20.01	1:19.00	367	28/04/24	Uo Aberdeen PS Age Group Open 2024	Aberdeen	SCO2185	1
200 Backstroke	2:48.26	2:46.30	391	10/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.10	32.70	364	31/03/24	St Thomas Spring Sprints 2024	Arbroath	SCO2179	2
100 Freestyle	1:09.27	1:10.50	381	31/03/24	St Thomas Spring Sprints 2024	Arbroath	SCO2179	2
200 Freestyle	2:32.92	2:35.20	375	18/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
400 Freestyle	5:15.90	5:20.30	392	18/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
800 Freestyle	10:57.81	11:06.60	382	14/10/23	SWL Distance Meet 2023	Xcite Bathgate	SCO2074	2
1500 Freestyle	21:05.31	21:21.50	369	25/02/24	DCA Distance Meet 2024 Round 2	Dundee	SCO2151	1
50 Breaststroke	47.78	48.40	209	31/03/24	St Thomas Spring Sprints 2024	Arbroath	SCO2179	2
100 Breaststroke	1:46.47	1:47.70	200	26/11/23	SASA Midland District Graded Meet	Forfar	SCO2101	2
50 Butterfly	35.13	35.70	334	31/03/24	St Thomas Spring Sprints 2024	Arbroath	SCO2179	2
100 Butterfly	1:22.09	1:23.00	285	17/02/24	Glenrothes Spring meet 2024	Glenrothes	SCO2145	2
200 Butterfly	3:08.08	3:09.80	257	19/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
50 Backstroke	36.89	37.40	320	31/03/24	St Thomas Spring Sprints 2024	Arbroath	SCO2179	2
100 Backstroke	1:18.43	1:19.40	342	17/02/24	Glenrothes Spring meet 2024	Glenrothes	SCO2145	2
200 Backstroke	2:44.32	2:46.30	379	09/03/24	REN96 Pre-SNAGS 2024	ON-X Linwood	SCO2161	2
200 Individual Medley	2:57.32	2:59.50	324	17/11/23	National League Round 2 Gala 2023	Forfar	SCO2096	3
400 Individual Medley	6:11.84	6:16.50	337	14/10/23	SWL Distance Meet 2023	Xcite Bathgate	SCO2074	2
100 Individual Medley	1:25.33	1:25.30	290	09/09/23	SASA Midland District Sprints 2023	Arbroath	SCO2060	2