

# Individual Best Times (All Time)

Sophie Galloway - (90024404) - Stirling Swimming

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
100 Freestyle	1:28.96	1:29.90	180	21/01/24	Stirling IM Challenge Meet	Grangemouth	SCO2135	2
400 Freestyle	6:29.29	6:32.90	209	05/05/24	Falkirk Age Group Meet 2024	Grangemouth Complex	SCO2194	2
100 Breaststroke	2:11.08	2:12.00	107	21/01/24	Stirling IM Challenge Meet	Grangemouth	SCO2135	2
50 Backstroke	46.97	47.40	155	10/02/24	FIRST Open Age Group Meet 2024	Grangemouth	SCO2146	2
100 Backstroke	1:40.31	1:41.10	163	05/05/24	Falkirk Age Group Meet 2024	Grangemouth Complex	SCO2194	2