

Individual Best Times (All Time)

Eli Innes - (90024340) - Dunfermline ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	45.49	44.80	185	24/06/23	East District Summer Sizzler	Edinburgh	SCO2052	1
100 Breaststroke	1:38.37	1:37.10	193	24/06/23	East District Summer Sizzler	Edinburgh	SCO2052	1
100 Backstroke	1:24.98	1:24.00	223	24/06/23	East District Summer Sizzler	Edinburgh	SCO2052	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.11	32.80	247	21/01/24	Fife League 1 Jan 24	Glenrothers	SCO2136	2
100 Freestyle	1:19.68	1:20.70	178	03/06/23	Fife Novice & Leagues round 3	Fife	SCO2041	2
200 Freestyle	2:31.38	2:33.70	282	24/03/24	Fife League 2 March 2024	Fife	SCO2173	2
50 Breaststroke	40.63	41.40	231	09/06/24	League 4 June 24	Glenrothes	SCO2204	2
100 Breaststroke	1:40.66	1:41.90	165	07/05/23	Fife Novice & Leagues round 2 2023	Michael Woods Centre	SCO2023	2
50 Butterfly	35.21	35.70	235	24/03/24	Fife League 2 March 2024	Fife	SCO2173	2
50 Backstroke	36.24	36.80	227	12/11/23	Fife Championships 2023	Michael Woods Centre	SCO2095	2
100 Backstroke	1:26.38	1:27.30	175	03/06/23	Fife Novice & Leagues round 3	Fife	SCO2041	2
200 Backstroke	2:54.16	2:56.10	223	21/01/24	Fife League 1 Jan 24	Glenrothers	SCO2136	2