

Individual Best Times (All Time)

Finlay Duffin - (90024269) - Warrender Baths Club

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|----------|-----------------|-----------|----------|--|-----------|----------|-------|
| 50 Freestyle | 29.07 | 28.30 | 372 | 04/02/24 | East District Age Groups 2024 | Edinburgh | SCO2149 | 1 |
| 100 Freestyle | 1:00.58 | 59.20 | 462 | 14/04/24 | 2024 Scottish National Age Group Swimming Champs | Aberdeen | SS240959 | 1 |
| 200 Freestyle | 2:17.52 | 2:15.00 | 408 | 03/02/24 | East District Age Groups 2024 | Edinburgh | SCO2149 | 1 |
| 400 Freestyle | 5:22.84 | 5:18.50 | 316 | 13/04/23 | Scottish National Age Group Championships | Aberdeen | SCO2016 | 1 |
| 1500 Freestyle | 19:25.48 | 19:07.60 | 417 | 12/04/24 | 2024 Scottish National Age Group Swimming Champs | Aberdeen | SS240959 | 1 |
| 50 Breaststroke | 40.70 | 39.90 | 259 | 03/02/24 | East District Age Groups 2024 | Edinburgh | SCO2149 | 1 |
| 100 Breaststroke | 1:28.43 | 1:27.00 | 266 | 17/03/24 | East District Age Group Champs R3 2024 | Edinburgh | SCO2168 | 1 |
| 200 Breaststroke | 3:13.35 | 3:10.60 | 273 | 04/02/24 | East District Age Groups 2024 | Edinburgh | SCO2149 | 1 |
| 50 Butterfly | 31.14 | 30.50 | 365 | 03/02/24 | East District Age Groups 2024 | Edinburgh | SCO2149 | 1 |
| 100 Butterfly | 1:09.42 | 1:08.30 | 361 | 13/04/24 | 2024 Scottish National Age Group Swimming Champs | Aberdeen | SS240959 | 1 |
| 200 Butterfly | 2:29.64 | 2:27.50 | 400 | 11/04/24 | 2024 Scottish National Age Group Swimming Champs | Aberdeen | SS240959 | 1 |
| 50 Backstroke | 35.00 | 34.40 | 304 | 04/02/24 | East District Age Groups 2024 | Edinburgh | SCO2149 | 1 |
| 100 Backstroke | 1:17.42 | 1:16.40 | 296 | 16/03/24 | East District Age Group Champs R3 2024 | Edinburgh | SCO2168 | 1 |
| 200 Backstroke | 2:43.43 | 2:41.40 | 321 | 03/02/24 | East District Age Groups 2024 | Edinburgh | SCO2149 | 1 |
| 200 Individual Medley | 2:40.56 | 2:38.10 | 357 | 17/03/24 | East District Age Group Champs R3 2024 | Edinburgh | SCO2168 | 1 |
| 400 Individual Medley | 5:28.86 | 5:23.50 | 400 | 13/04/24 | 2024 Scottish National Age Group Swimming Champs | Aberdeen | SS240959 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|-----------------------------------|----------------------|---------|-------|
| 50 Freestyle | 29.53 | 30.20 | 318 | 12/11/23 | WBC National Leagues Round 2 2023 | Ainslie Park | SCO2110 | 2 |
| 100 Freestyle | 1:02.44 | 1:03.80 | 370 | 12/11/23 | WBC National Leagues Round 2 2023 | Ainslie Park | SCO2110 | 2 |
| 200 Freestyle | 2:14.47 | 2:17.00 | 403 | 24/02/24 | Hearts Fast February | Edinburgh | SCO2155 | 2 |
| 400 Freestyle | 4:48.56 | 4:53.40 | 397 | 25/11/23 | East District Age Groups 2023 | Glenrothes | SCO2156 | 2 |
| 800 Freestyle | 9:58.77 | 10:08.30 | 406 | 25/11/23 | East District Age Groups 2023 | Glenrothes | SCO2156 | 2 |
| 1500 Freestyle | 19:01.92 | 19:19.90 | 407 | 26/11/23 | East District Age Groups 2023 | Glenrothes | SCO2156 | 2 |
| 50 Breaststroke | 43.34 | 44.10 | 190 | 18/02/23 | Swim West Lothian IM Tough 2023 | Bathgate | SCO1983 | 2 |
| 100 Breaststroke | 1:33.10 | 1:34.40 | 209 | 28/10/23 | Warrender Annual Open Meet 2023 | Michael Woods Centre | SCO2109 | 2 |
| 200 Breaststroke | 3:14.39 | 3:17.10 | 236 | 15/10/23 | SWL Distance Meet 2023 | Xcite Bathgate | SCO2074 | 2 |
| 50 Butterfly | 33.61 | 34.20 | 271 | 19/02/23 | Swim West Lothian IM Tough 2023 | Bathgate | SCO1983 | 2 |
| 100 Butterfly | 1:12.52 | 1:13.60 | 285 | 28/10/23 | Warrender Annual Open Meet 2023 | Michael Woods Centre | SCO2109 | 2 |
| 200 Butterfly | 2:44.65 | 2:46.60 | 273 | 12/11/23 | WBC National Leagues Round 2 2023 | Ainslie Park | SCO2110 | 2 |
| 50 Backstroke | 37.76 | 38.30 | 200 | 04/02/23 | ELST Age Group Meet 2023 | Prestonpans | SCO1978 | 2 |
| 100 Backstroke | 1:14.89 | 1:16.00 | 268 | 28/10/23 | Warrender Annual Open Meet 2023 | Michael Woods Centre | SCO2109 | 2 |
| 200 Backstroke | 2:36.97 | 2:39.10 | 304 | 24/02/24 | Hearts Fast February | Edinburgh | SCO2155 | 2 |
| 200 Individual Medley | 2:35.85 | 2:38.40 | 348 | 24/02/24 | Hearts Fast February | Edinburgh | SCO2155 | 2 |
| 400 Individual Medley | 5:29.82 | 5:35.10 | 360 | 26/11/23 | East District Age Groups 2023 | Glenrothes | SCO2156 | 2 |