

Individual Best Times (All Time)

Murray Hopkins - (90022885) - Menzieshill & Whitehall Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.68	29.00	349	24/06/23	East District Summer Sizzler	Edinburgh	SCO2052	1
100 Freestyle	1:02.50	1:01.10	421	16/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
200 Freestyle	2:29.14	2:26.80	319	02/02/20	Midland Age Group Championships	Dundee	SCO1778	1
50 Butterfly	32.82	32.20	312	24/06/23	East District Summer Sizzler	Edinburgh	SCO2052	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.56	29.30	351	26/09/21	SASA Midland District Sprints	Dundee	SCO1818	2
100 Freestyle	1:01.13	1:02.50	394	20/04/24	SASA Midland District League 2 Round 3	Dundee	SCO2181	2
200 Freestyle	2:26.33	2:28.70	313	18/01/20	2020 Stirling Winter Graded Meet	Stirling	SCO1781	2
400 Freestyle	5:20.65	5:25.00	290	18/01/20	2020 Stirling Winter Graded Meet	Stirling	SCO1781	2
50 Breaststroke	44.67	45.40	174	14/11/20	Tighinn Comhla	Various - Round 1	LXX005	0
100 Breaststroke	1:29.57	1:31.00	235	23/04/23	ANGUS Pentaqua Round 3	Arbroath	SCO2020	2
50 Butterfly	29.96	30.60	382	10/02/24	FIRST Open Age Group Meet 2024	Grangemouth	SCO2146	2
100 Butterfly	1:10.23	1:11.30	314	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
50 Backstroke	38.50	39.00	189	18/01/20	2020 Stirling Winter Graded Meet	Stirling	SCO1781	2
100 Backstroke	1:15.27	1:16.30	264	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
200 Individual Medley	2:50.30	2:52.60	266	04/12/22	St Thomas Winter Graded	Arbroath	SCO1954	2
100 Individual Medley	1:15.34	1:15.30	279	23/04/23	ANGUS Pentaqua Round 3	Arbroath	SCO2020	2