

Individual Best Times (All Time)

Libby Duncan - (90019662) - Menzieshill & Whitehall Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:14.91	1:13.80	328	16/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
100 Breaststroke	1:33.41	1:32.00	323	16/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
50 Butterfly	36.48	36.00	300	28/04/24	Uo Aberdeen PS Age Group Open 2024	Aberdeen	SCO2185	1
100 Backstroke	1:26.57	1:25.60	290	17/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
200 Individual Medley	3:04.75	3:02.60	318	17/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.11	33.70	332	19/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
100 Freestyle	1:15.77	1:16.90	291	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
50 Breaststroke	43.05	43.80	286	11/02/24	FIRST Open Age Group Meet 2024	Grangemouth	SCO2146	2
100 Breaststroke	1:43.05	1:44.30	221	25/02/23	Glenrothes Spring meet 2023	Glenrothes	SCO1988	2
50 Butterfly	39.26	39.70	239	05/11/23	Angus Pentaqua R1 2023	Montrose	SCO2099	3
50 Backstroke	38.03	38.60	292	19/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
100 Backstroke	1:22.32	1:23.30	296	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
200 Individual Medley	3:02.31	3:04.50	298	19/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
100 Individual Medley	1:28.42	1:28.40	261	09/09/23	SASA Midland District Sprints 2023	Arbroath	SCO2060	2