

Individual Best Times (All Time)

Abbie Arkless - (90015954) - Stranraer Stingrays ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.29	38.80	214	08/06/19	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	SCO1678	2
100 Freestyle	1:24.76	1:25.70	208	05/05/19	North Ayrshire Junior Meet	Auchenharvie	SCO1667	2
200 Freestyle	3:06.28	3:08.10	207	04/05/19	North Ayrshire Junior Meet	Auchenharvie	SCO1667	2
50 Breaststroke	51.81	52.40	164	08/06/19	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	SCO1678	2
100 Breaststroke	1:51.51	1:52.60	174	08/06/19	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	SCO1678	2
100 Backstroke	1:42.34	1:43.10	154	23/11/19	Dumfries ASC Advent Open 2019	Dumfries	SCO1755	2
200 Backstroke	3:33.73	3:35.30	172	05/05/19	North Ayrshire Junior Meet	Auchenharvie	SCO1667	2
200 Individual Medley	3:25.94	3:27.90	207	23/11/19	Dumfries ASC Advent Open 2019	Dumfries	SCO1755	2