

Individual Best Times (All Time)

Alexander Macniven - (90014899) - Warrender Baths Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.55	27.80	392	04/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Freestyle	59.65	58.20	484	14/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
200 Freestyle	2:08.68	2:06.00	498	13/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
400 Freestyle	4:40.76	4:35.70	481	11/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
800 Freestyle	9:48.54	9:38.60	453	14/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
50 Breaststroke	38.53	37.70	305	03/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Breaststroke	1:22.24	1:20.70	330	16/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
200 Breaststroke	2:56.16	2:53.10	361	04/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
50 Butterfly	31.12	30.50	366	03/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Butterfly	1:09.89	1:08.80	354	17/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
200 Butterfly	2:41.35	2:39.40	319	04/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
50 Backstroke	33.44	32.80	349	04/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Backstroke	1:08.63	1:07.40	425	10/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
200 Backstroke	2:26.29	2:24.00	447	30/06/24	2024 Scottish National Open Swimming Championships	Edinburgh	SS241309	1
200 Individual Medley	2:29.25	2:26.60	445	28/06/24	2024 Scottish National Open Swimming Championships	Edinburgh	SS241309	1
400 Individual Medley	5:20.75	5:15.20	432	29/06/24	2024 Scottish National Open Swimming Championships	Edinburgh	SS241309	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.04	29.80	334	12/11/23	WBC National Leagues Round 2 2023	Ainslie Park	SCO2110	2
100 Freestyle	58.66	1:00.10	446	16/12/23	Scottish National League Finals	Glenrothes	SCO2128	1
200 Freestyle	2:07.96	2:10.60	468	05/11/23	SASA North District Open Championships 2023	Aberdeen	SCO2083	2
400 Freestyle	4:31.65	4:36.80	476	25/11/23	East District Age Groups 2023	Glenrothes	SCO2156	2
800 Freestyle	9:29.40	9:39.50	472	25/11/23	East District Age Groups 2023	Glenrothes	SCO2156	2
1500 Freestyle	18:42.03	19:00.30	429	26/11/23	East District Age Groups 2023	Glenrothes	SCO2156	2
50 Breaststroke	38.37	39.20	274	02/12/23	Tranent Xmas Gala 2023	Mercat Gait Centre	SCO2108	3
100 Breaststroke	1:21.04	1:22.60	317	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
200 Breaststroke	3:02.97	3:05.80	283	11/06/23	Warrender End of Season SC Meet	Glenrothes	SCO2045	2
50 Butterfly	31.85	32.40	318	02/12/23	Tranent Xmas Gala 2023	Mercat Gait Centre	SCO2108	3
100 Butterfly	1:09.15	1:10.20	329	28/10/23	Warrender Annual Open Meet 2023	Michael Woods Centre	SCO2109	2
200 Butterfly	2:37.07	2:39.10	314	12/11/23	WBC National Leagues Round 2 2023	Ainslie Park	SCO2110	2
50 Backstroke	32.22	32.80	323	02/12/23	Tranent Xmas Gala 2023	Mercat Gait Centre	SCO2108	3
100 Backstroke	1:08.13	1:09.30	356	16/12/23	Scottish National League Finals	Glenrothes	SCO2128	1
200 Backstroke	2:26.29	2:28.60	376	05/11/23	SASA North District Open Championships 2023	Aberdeen	SCO2083	2
200 Individual Medley	2:25.78	2:28.50	425	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
400 Individual Medley	5:10.87	5:16.50	430	26/11/23	East District Age Groups 2023	Glenrothes	SCO2156	2