

Individual Best Times (All Time)

Ritchie Saunders - (90014447) - Warrender Baths Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.41	29.70	325	04/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Freestyle	1:05.50	1:04.20	366	17/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
200 Freestyle	2:21.67	2:19.20	373	03/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
400 Freestyle	5:28.03	5:23.70	301	13/04/23	Scottish National Age Group Championships	Aberdeen	SCO2016	1
50 Breaststroke	38.56	37.70	304	03/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Breaststroke	1:22.76	1:21.20	324	12/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
200 Breaststroke	2:56.51	2:53.50	359	10/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
50 Butterfly	30.91	30.30	373	03/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Butterfly	1:07.34	1:06.20	395	13/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
200 Butterfly	2:29.19	2:27.10	404	28/06/24	2024 Scottish National Open Swimming Championships	Edinburgh	SS241309	1
50 Backstroke	31.07	30.40	435	28/06/24	2024 Scottish National Open Swimming Championships	Edinburgh	SS241309	1
100 Backstroke	1:10.47	1:09.30	392	16/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
200 Backstroke	2:33.07	2:30.90	390	12/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
200 Individual Medley	2:30.56	2:27.90	434	14/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
400 Individual Medley	5:14.49	5:08.90	458	29/06/24	2024 Scottish National Open Swimming Championships	Edinburgh	SS241309	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.31	30.00	325	11/06/23	Warrender End of Season SC Meet	Glenrothes	SCO2045	2
100 Freestyle	1:04.73	1:06.00	332	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
200 Freestyle	2:19.47	2:21.90	361	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
400 Freestyle	4:48.54	4:53.40	398	25/11/23	East District Age Groups 2023	Glenrothes	SCO2156	2
800 Freestyle	9:47.97	9:57.70	428	25/11/23	East District Age Groups 2023	Glenrothes	SCO2156	2
50 Breaststroke	45.90	46.60	160	22/01/22	East District Age Group Championships Round 1	Edinburgh	SCO1844	2
100 Breaststroke	1:24.18	1:25.70	283	28/10/23	Warrender Annual Open Meet 2023	Michael Woods Centre	SCO2109	2
200 Breaststroke	2:55.07	2:58.10	323	15/10/23	SWL Distance Meet 2023	Xcite Bathgate	SCO2074	2
50 Butterfly	31.38	32.00	332	02/12/23	Tranent Xmas Gala 2023	Mercat Gait Centre	SCO2108	3
100 Butterfly	1:09.90	1:11.00	319	28/10/23	Warrender Annual Open Meet 2023	Michael Woods Centre	SCO2109	2
200 Butterfly	2:59.81	3:01.60	209	18/02/23	Swim West Lothian IM Tough 2023	Bathgate	SCO1983	2
50 Backstroke	32.77	33.40	307	10/06/23	Warrender End of Season SC Meet	Glenrothes	SCO2045	2
100 Backstroke	1:12.19	1:13.30	300	11/06/23	Warrender End of Season SC Meet	Glenrothes	SCO2045	2
200 Backstroke	2:35.27	2:37.40	314	12/11/23	WBC National Leagues Round 2 2023	Ainslie Park	SCO2110	2
200 Individual Medley	2:32.32	2:34.90	372	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
400 Individual Medley	5:21.68	5:27.10	388	26/11/23	East District Age Groups 2023	Glenrothes	SCO2156	2
100 Individual Medley	1:40.03	1:40.00	119	07/09/19	East Lothian Championships 2019	Mercat Gait Centre	SCO1699	2