

Individual Best Times (All Time)

Gregor Moore - (90003433) - Delting Dolphins ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:02.95	1:01.60	412	13/02/11	Edinburgh International Age Groups	Glasgow	SCO488	1
200 Freestyle	2:18.33	2:15.80	400	13/02/11	Edinburgh International Age Groups	Glasgow	SCO488	1
400 Freestyle	4:40.81	4:35.80	481	14/06/13	Scottish Gas National Open Championships	Glasgow	SCO739	1
50 Breaststroke	35.71	34.80	383	03/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
100 Breaststroke	1:29.86	1:28.40	253	12/02/11	Edinburgh International Age Groups	Glasgow	SCO488	1
200 Breaststroke	3:00.41	2:57.50	336	04/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
100 Butterfly	1:16.70	1:15.70	267	13/02/11	Edinburgh International Age Groups	Glasgow	SCO488	1
200 Butterfly	2:30.58	2:28.50	393	14/06/13	Scottish Gas National Open Championships	Glasgow	SCO739	1
100 Backstroke	1:23.07	1:22.10	239	12/02/11	Edinburgh International Age Groups	Glasgow	SCO488	1
400 Individual Medley	5:27.03	5:21.60	407	06/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.07	27.80	413	17/06/13	Lerwick ASC Junior Intercounty 2013	Clickimin	SCO740	2
100 Freestyle	58.01	59.40	461	17/06/13	Lerwick ASC Junior Intercounty 2013	Clickimin	SCO740	2
200 Freestyle	2:05.10	2:07.80	501	22/09/13	Garioch 200 Open Meet	Westhill	SCO760	2
400 Freestyle	4:26.87	4:32.10	503	30/06/13	Lerwick ASC Midsummer Meet	Lerwick	SCO745	2
800 Freestyle	9:22.44	9:32.60	490	08/09/13	Shetland Distance Time Trials 2013	Lerwick	SCO757	2
1500 Freestyle	17:29.78	17:49.20	525	15/07/13	Natwest Island Games XV	Bermuda	GB3068	2
50 Breaststroke	33.57	34.50	410	05/10/13	SASA North District Sprint Championships	Inverness	SCO765	1
100 Breaststroke	1:17.55	1:19.20	362	22/03/14	SASA North District Age Group Champs	Fraserburgh	SCO823	1
200 Breaststroke	2:44.02	2:47.20	393	21/09/13	Garioch 200 Open Meet	Westhill	SCO760	2
50 Butterfly	29.25	29.90	411	05/10/13	SASA North District Sprint Championships	Inverness	SCO765	1
100 Butterfly	1:03.12	1:04.30	433	17/06/13	Lerwick ASC Junior Intercounty 2013	Clickimin	SCO740	2
200 Butterfly	2:18.93	2:21.20	454	08/09/13	Shetland Distance Time Trials 2013	Lerwick	SCO757	2
50 Backstroke	33.36	34.00	291	22/09/13	Garioch 200 Open Meet	Westhill	SCO760	2
100 Backstroke	1:12.11	1:13.20	301	24/11/13	Shetland Senior Age Group Championships	Clickimin	SCO801	2
200 Backstroke	2:32.79	2:35.00	330	22/09/13	Garioch 200 Open Meet	Westhill	SCO760	2
200 Individual Medley	2:26.40	2:29.10	419	21/09/13	Garioch 200 Open Meet	Westhill	SCO760	2
400 Individual Medley	5:12.06	5:17.60	426	29/06/13	Lerwick ASC Midsummer Meet	Lerwick	SCO745	2
100 Individual Medley	1:06.07	1:06.10	414	05/10/13	SASA North District Sprint Championships	Inverness	SCO765	1