

Individual Best Times (All Time)

Millie Colvin - (90001178) - Dumfries ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.51	27.80	567	15/04/22	Scottish National Age Groups	Tollcross	SCO1877	1
100 Freestyle	1:03.06	1:01.70	551	13/04/22	Scottish National Age Groups	Tollcross	SCO1877	1
200 Freestyle	2:31.05	2:28.70	417	28/01/23	City of Sunderland SC New Year Meet 2023	Sunderland	NE230134	1
50 Breaststroke	36.39	35.50	514	10/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
100 Breaststroke	1:23.47	1:21.90	453	14/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
200 Breaststroke	3:18.13	3:15.40	334	17/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
50 Butterfly	31.62	31.00	461	28/05/23	Glasgow International Swim Meet	Tollcross	SCO2036	1
100 Butterfly	1:11.00	1:09.90	477	20/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
200 Butterfly	2:41.68	2:39.70	427	27/05/23	Glasgow International Swim Meet	Tollcross	SCO2036	1
50 Backstroke	34.44	33.90	474	13/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
100 Backstroke	1:14.40	1:13.30	457	29/06/24	2024 Scottish National Open Swimming Championships	Edinburgh	SS241309	1
200 Backstroke	2:48.25	2:46.30	392	22/04/23	East Kilbride LC Age Group Meet 2023	East Kilbride	SCO2018	1
200 Individual Medley	2:41.82	2:39.40	473	16/04/22	Scottish National Age Groups	Tollcross	SCO1877	1
400 Individual Medley	6:11.22	6:06.40	367	16/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.97	28.70	550	09/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
100 Freestyle	1:02.41	1:03.70	521	18/11/23	NOVA Centurion November Meet 2023	Nottingham	EM231063	2
200 Freestyle	2:22.83	2:25.20	460	26/11/23	Dumfries ASC Advent Meet 2023	Dumfries	SCO2122	2
400 Freestyle	5:08.63	5:13.20	420	07/05/22	West District May AG Meet	Tollcross	SCO1887	2
800 Freestyle	11:30.40	11:38.70	330	26/10/19	2019 SS West District SC JAG Championships	Glasgow	SCO1731	2
50 Breaststroke	35.83	36.70	496	08/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
100 Breaststroke	1:21.75	1:23.30	443	25/11/23	Dumfries ASC Advent Meet 2023	Dumfries	SCO2122	2
200 Breaststroke	3:11.38	3:14.10	347	21/11/21	2021 SS West District SC "Time Trials 2" Meet	Tollcross, Glasgow	SCO1831	2
50 Butterfly	30.48	31.10	511	11/11/23	2023 SS West District SC Champs WE2	Glasgow	SCO2088	2
100 Butterfly	1:09.08	1:10.20	478	19/11/23	NOVA Centurion November Meet 2023	Nottingham	EM231063	2
200 Butterfly	2:37.71	2:39.70	436	11/11/23	2023 SS West District SC Champs WE2	Glasgow	SCO2088	2
50 Backstroke	32.68	33.30	461	10/03/24	REN96 Pre-SNAGS 2024	ON-X Linwood	SCO2161	2
100 Backstroke	1:12.37	1:13.50	436	09/03/24	REN96 Pre-SNAGS 2024	ON-X Linwood	SCO2161	2
200 Backstroke	2:40.13	2:42.20	409	07/05/22	West District May AG Meet	Tollcross	SCO1887	2
200 Individual Medley	2:38.28	2:40.80	456	07/05/22	West District May AG Meet	Tollcross	SCO1887	2
400 Individual Medley	5:45.82	5:50.90	419	19/11/22	Bellshill Winter Meet 2022	Bellshill	SCO1944	3
100 Individual Medley	1:11.58	1:11.60	492	11/11/23	2023 SS West District SC Champs WE2	Glasgow	SCO2088	2