

Individual Best Times (All Time)

Benjamin Tipping - (899472) - Long Eaton SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|---|-----------|----------|-------|
| 50 Freestyle | 30.69 | 30.00 | 316 | 15/12/19 | Derbyshire ASA Long Course Competition 2019 | Sheffield | EM192731 | 3 |
| 100 Freestyle | 1:10.70 | 1:09.50 | 291 | 08/07/18 | Northampton Swimming Club 2018 LC Summer Festival | Corby | EM180704 | 3 |
| 200 Freestyle | 3:06.15 | 3:04.30 | 164 | 02/07/16 | DX Summer Spectacular | Sheffield | EM160776 | 3 |
| 50 Breaststroke | 38.35 | 37.50 | 309 | 15/12/19 | Derbyshire ASA Long Course Competition 2019 | Sheffield | EM192731 | 3 |
| 100 Breaststroke | 1:35.34 | 1:34.00 | 212 | 24/03/18 | Corby Annual Long Course Open Meet | Corby | EM180193 | 3 |
| 50 Butterfly | 33.63 | 33.10 | 290 | 15/12/19 | Derbyshire ASA Long Course Competition 2019 | Sheffield | EM192731 | 3 |
| 100 Butterfly | 1:24.78 | 1:23.90 | 198 | 25/03/18 | Corby Annual Long Course Open Meet | Corby | EM180193 | 3 |
| 50 Backstroke | 37.38 | 36.80 | 250 | 15/12/19 | Derbyshire ASA Long Course Competition 2019 | Sheffield | EM192731 | 3 |
| 200 Individual Medley | 3:25.58 | 3:23.60 | 170 | 02/07/16 | DX Summer Spectacular | Sheffield | EM160776 | 3 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|--|------------|----------|-------|
| 50 Freestyle | 29.35 | 30.10 | 324 | 08/12/19 | Chesterfield Winter Open Championships | Matlock | EM192125 | 3 |
| 100 Freestyle | 1:05.15 | 1:06.40 | 326 | 27/10/19 | Belper Marlin The Ghoul in the Pool | Matlock | EM192729 | 3 |
| 200 Freestyle | 2:27.14 | 2:29.50 | 308 | 20/12/19 | Long Eaton BIG 50 | Long Eaton | EM193272 | 4 |
| 400 Freestyle | 5:37.88 | 5:42.00 | 247 | 02/06/19 | Long Eaton Club Championships Distance Events | Long Eaton | EM191499 | 4 |
| 50 Breaststroke | 36.81 | 37.70 | 311 | 14/03/20 | 37th City of Derby Licensed Short Course Open Meet | Matlock | EM200407 | 3 |
| 100 Breaststroke | 1:23.51 | 1:25.00 | 290 | 08/12/19 | Chesterfield Winter Open Championships | Matlock | EM192125 | 3 |
| 200 Breaststroke | 3:16.00 | 3:18.70 | 230 | 21/07/18 | Long Eaton Club Championships 2018 | Long Eaton | EM181630 | 4 |
| 50 Butterfly | 32.47 | 33.00 | 300 | 21/07/19 | Long Eaton Club Championships 2019 | Long Eaton | EM191500 | 4 |
| 100 Butterfly | 1:12.77 | 1:13.80 | 283 | 07/12/19 | Chesterfield Winter Open Championships | Matlock | EM192125 | 3 |
| 200 Butterfly | 2:59.44 | 3:01.20 | 211 | 21/07/18 | Long Eaton Club Championships 2018 | Long Eaton | EM181630 | 4 |
| 50 Backstroke | 35.72 | 36.30 | 237 | 20/07/19 | Long Eaton Club Championships 2019 | Long Eaton | EM191500 | 4 |
| 100 Backstroke | 1:27.39 | 1:28.30 | 169 | 20/06/21 | Long Eaton | West Park | LEX2055 | 0 |
| 200 Individual Medley | 2:45.04 | 2:47.40 | 293 | 21/12/19 | Long Eaton BIG 50 | Long Eaton | EM193272 | 4 |
| 400 Individual Medley | 6:04.40 | 6:09.20 | 267 | 20/10/19 | Long Eaton Distance Meet | Queens LC | EM192131 | 3 |
| 100 Individual Medley | 1:12.86 | 1:12.90 | 309 | 23/02/20 | Derbyshire ASA County Championships 2020 | Matlock | EM200328 | 2 |