

# Individual Best Times (All Time)

Kirsty Moore - (899340) - Greenwich Royals SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.06	33.40	333	23/07/17	BPSC End of Season Meet 2017	Basildon	ER170185	3
100 Freestyle	1:08.84	1:07.60	423	30/03/18	City of Norwich Easter Long Course Meet	Norwich	ER180144	1
200 Freestyle	2:38.59	2:36.40	360	08/04/17	Crawley Spring LC Level 1 Meet	Crawley	SE170006	1
400 Freestyle	5:31.04	5:26.80	359	08/04/17	Crawley Spring LC Level 1 Meet	Crawley	SE170006	1
800 Freestyle	11:33.84	11:25.40	341	07/04/17	Crawley Spring LC Level 1 Meet	Crawley	SE170006	1
50 Breaststroke	50.66	50.00	190	17/07/16	ASA London Region End of Season Meet	Crystal Palace	LR160451	3
50 Butterfly	41.03	40.60	211	17/07/16	ASA London Region End of Season Meet	Crystal Palace	LR160451	3
50 Backstroke	37.35	36.80	371	01/04/18	City of Norwich Easter Long Course Meet	Norwich	ER180144	1
100 Backstroke	1:20.37	1:19.40	362	27/05/17	2017 London Swimming May Open Meet	London	LR170886	1
200 Backstroke	2:49.95	2:48.00	380	27/05/17	2017 London Swimming May Open Meet	London	LR170886	1
200 Individual Medley	2:50.98	2:48.70	401	31/03/18	City of Norwich Easter Long Course Meet	Norwich	ER180144	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.42	33.10	353	28/11/17	Greenwich Royals Club Championships 2017	London	LR172353	4
100 Freestyle	1:08.11	1:09.30	401	17/12/17	Christmas at Dagenham 2017 Open Meet	Dagenham	LR170717	3
200 Freestyle	2:27.89	2:30.20	414	17/12/17	Christmas at Dagenham 2017 Open Meet	Dagenham	LR170717	3
400 Freestyle	5:11.99	5:16.50	407	08/04/18	Canterbury & Thanet Spring Regional Qualifier	Canterbury	SE180461	3
800 Freestyle	10:41.55	10:50.50	412	17/12/16	Bromley Christmas Gold Open Meet 2016	Bromley	LR161746	3
50 Breaststroke	44.44	45.10	260	14/11/17	Greenwich Royals Club Championships 2017	London	LR172350	4
100 Breaststroke	1:35.08	1:36.40	282	24/11/17	Greenwich Royals Club Championships 2017	London	LR172352	4
50 Butterfly	36.87	37.40	289	03/07/18	Greenwich Royals Club Championships 2018	London	LR181578	4
100 Butterfly	1:22.96	1:23.90	276	16/09/17	Greenwich Boro Annual Swimming Champs	Eltham	LR171708	4
50 Backstroke	35.82	36.40	350	17/12/17	Christmas at Dagenham 2017 Open Meet	Dagenham	LR170717	3
100 Backstroke	1:16.00	1:17.10	376	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Becontree	ER172124	3
200 Backstroke	2:40.90	2:43.00	403	17/12/17	Christmas at Dagenham 2017 Open Meet	Dagenham	LR170717	3
200 Individual Medley	2:46.52	2:48.90	391	16/12/17	Christmas at Dagenham 2017 Open Meet	Dagenham	LR170717	3
400 Individual Medley	5:56.34	6:01.20	383	28/11/17	Greenwich Royals Club Championships 2017	London	LR172353	4
100 Individual Medley	1:20.01	1:20.00	352	21/11/17	Greenwich Royals Club Championships 2017	London	LR172351	4