

Individual Best Times (All Time)

Joseph Franks - (897691) - Bristol Henleaze SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.58	25.80	486	11/03/17	United Bristol Qual Level 1 Open Meet	Bristol	SW170483	1
100 Freestyle	1:00.63	59.20	461	12/03/17	United Bristol Qual Level 1 Open Meet	Bristol	SW170483	1
50 Breaststroke	36.70	35.80	353	09/04/17	City of Bristol International Open Meet	Bristol	SW170399	1
50 Butterfly	27.28	26.60	544	23/03/19	UoB & Bristol Henleaze National Qualifier Open	Hengrove	SW190355	1
100 Butterfly	1:13.52	1:12.50	304	01/05/16	ASA SWR Summer Championships	Plymouth	SW160535	1
50 Backstroke	30.42	29.80	463	05/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1
100 Backstroke	1:08.33	1:07.10	430	07/01/18	UBSC New Year Level 1 Open Meet	Hengrove	SW180293	1
200 Individual Medley	2:36.74	2:34.20	384	08/01/17	UBSC New Year L1 Open Meet	Bristol	SW170243	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.90	26.70	471	11/02/17	Gloucester County Championships	Gloucester	SW170229	2
100 Freestyle	57.75	59.20	468	25/02/17	Gloucester County Championships	Gloucester	SW170230	2
200 Freestyle	2:19.19	2:21.70	363	13/07/15	Combined Seaclose & West Wight Champs	Freshwater	SE151357	4
400 Freestyle	5:29.67	5:33.90	266	07/11/14	West Wight Club Championships	West Wight	SE14195	4
800 Freestyle	13:04.80	13:12.20	180	28/09/12	IOW Distance Championships 2012	Isle of Wight	SE2658	4
50 Breaststroke	34.91	35.80	365	20/11/16	United Bristol Autumn Level 3 Open Meet	Horfield	SW161412	3
100 Breaststroke	1:23.21	1:24.70	293	21/11/15	United Bristol Autumn L3 Open Meet	Bristol	SW151376	3
200 Breaststroke	3:32.23	3:34.70	181	27/09/13	West Wight SC IOW Distance Championships	Isle of Wight	SE3863	4
50 Butterfly	27.45	28.10	497	22/01/18	Gloucester County Championships	Gloucester	SW180285	2
100 Butterfly	1:09.85	1:10.90	320	27/02/16	Gloucester County Championships	Gloucester	SW160849	2
50 Backstroke	29.35	30.00	427	12/02/17	Gloucester County Championships	Gloucester	SW170229	2
100 Backstroke	1:05.13	1:06.40	408	20/11/16	United Bristol Autumn Level 3 Open Meet	Horfield	SW161412	3
200 Backstroke	2:30.90	2:33.10	342	12/07/15	Combined Seaclose & West Wight Champs	Newport	SE151356	4
200 Individual Medley	2:28.15	2:30.80	405	20/11/16	United Bristol Autumn Level 3 Open Meet	Horfield	SW161412	3
400 Individual Medley	6:57.39	7:01.60	178	09/11/12	West Wight SC Club Championships	Isle of Wight	SE2693	4
100 Individual Medley	1:06.41	1:06.40	408	22/01/18	Gloucester County Championships	Gloucester	SW180285	2