

# Individual Best Times (All Time)

Robert Wing - (896874) - Stowmarket SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.27	33.90	222	27/11/16	Stowmarket SC Club Championships 2016	Stowmarket	ER162136	4
100 Freestyle	1:16.98	1:18.10	197	20/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
200 Freestyle	2:39.87	2:42.00	240	19/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
400 Freestyle	5:33.94	5:38.10	256	11/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162132	4
50 Breaststroke	48.33	49.00	137	27/11/16	Stowmarket SC Club Championships 2016	Stowmarket	ER162136	4
100 Breaststroke	1:49.31	1:50.50	129	19/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
200 Breaststroke	3:51.12	3:53.40	140	20/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
50 Butterfly	43.73	44.20	123	27/11/16	Stowmarket SC Club Championships 2016	Stowmarket	ER162136	4
100 Butterfly	1:48.03	1:48.70	86	14/11/15	Stowmarket SC Club Championships 2015	Stowmarket	ER151925	4
50 Backstroke	40.15	40.60	166	27/11/16	Stowmarket SC Club Championships 2016	Stowmarket	ER162136	4
100 Backstroke	1:22.81	1:23.80	198	19/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
200 Backstroke	2:57.22	2:59.10	211	18/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
200 Individual Medley	3:15.84	3:17.80	175	19/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
100 Individual Medley	1:32.25	1:32.30	152	20/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4