

# Individual Best Times (All Time)

Henry Clark - (896140) - Wycombe District SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.66	31.00	288	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
100 Freestyle	1:13.56	1:12.40	258	18/07/15	Wycombe District End of Season Meet	Wycombe	SE151150	3
200 Freestyle	2:39.60	2:37.40	261	18/07/15	Wycombe District End of Season Meet	Wycombe	SE151150	3
400 Freestyle	5:29.28	5:25.00	298	18/07/15	Wycombe District End of Season Meet	Wycombe	SE151150	3
1500 Freestyle	23:31.49	23:16.80	234	20/09/15	Wycombe District Swim Club Club Championships	Wycombe	SE151738	4
50 Breaststroke	42.09	41.30	234	17/09/17	2017 WDSC Club Championships	Wycombe	SE171929	4
100 Breaststroke	1:35.61	1:34.30	210	19/07/15	Wycombe District End of Season Meet	Wycombe	SE151150	3
200 Breaststroke	3:23.76	3:21.10	233	19/07/15	Wycombe District End of Season Meet	Wycombe	SE151150	3
50 Butterfly	34.39	33.80	271	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
100 Butterfly	1:23.35	1:22.40	208	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
200 Butterfly	3:34.88	3:33.40	135	19/09/15	Wycombe District Swim Club Club Championships	Wycombe	SE151738	4
50 Backstroke	39.06	38.50	219	16/09/17	2017 WDSC Club Championships	Wycombe	SE171929	4
100 Backstroke	1:25.60	1:24.70	219	07/02/15	Wycombe February Sprint 2015	High Wycombe	SE150282	3
200 Backstroke	3:08.02	3:06.20	210	19/07/15	Wycombe District End of Season Meet	Wycombe	SE151150	3
200 Individual Medley	3:03.61	3:01.40	239	18/07/15	Wycombe District End of Season Meet	Wycombe	SE151150	3
400 Individual Medley	6:28.13	6:23.60	243	19/09/15	Wycombe District Swim Club Club Championships	Wycombe	SE151738	4

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.01	31.70	274	20/12/15	Hillingdon SC Winter Short Course Open Meet 2015	Uxbridge	LR152215	2
100 Freestyle	1:11.26	1:12.40	249	28/06/15	Maxwell Swim Club June 2015 L3 Meet	Aylesbury	SE151128	3
200 Freestyle	2:33.67	2:35.90	270	05/03/16	Borough of Harrow Regional Qualifier 2016	Barnet	LR160417	3
400 Freestyle	6:44.44	6:47.90	144	05/10/13	Maxwell Autumn Meet	Aylesbury	SE3765	3
50 Breaststroke	43.69	44.40	186	22/11/15	3rd Hoddesdon County Qualifier Open Meet	Borehamwood	ER150484	3
100 Breaststroke	1:33.08	1:34.40	209	05/03/16	Borough of Harrow Regional Qualifier 2016	Barnet	LR160417	3
200 Breaststroke	3:19.04	3:21.70	220	08/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	CC150816	2
50 Butterfly	35.91	36.40	222	28/06/15	Maxwell Swim Club June 2015 L3 Meet	Aylesbury	SE151128	3
100 Butterfly	1:23.20	1:24.10	189	05/12/15	Maxwell December 2015 L3 Meet	Aylesbury	SE152061	3
50 Backstroke	37.26	37.80	208	19/12/15	Hillingdon SC Winter Short Course Open Meet 2015	Uxbridge	LR152215	2
100 Backstroke	1:22.05	1:23.00	204	05/12/15	Maxwell December 2015 L3 Meet	Aylesbury	SE152061	3
200 Backstroke	2:54.56	2:56.50	221	08/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	CC150816	2
200 Individual Medley	2:54.07	2:56.30	249	05/03/16	Borough of Harrow Regional Qualifier 2016	Barnet	LR160417	3
100 Individual Medley	1:23.79	1:23.80	203	21/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidstone	CC150818	2