

# Individual Best Times (All Time)

Luke Ramsey - (895717) - Bellshill Sharks ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Backstroke	38.67	38.10	225	31/01/15	Brodies Scottish Schools Championships	Aberdeen	SCO938	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.16	34.80	205	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
100 Freestyle	1:15.00	1:16.10	213	15/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	SCO821	2
200 Freestyle	2:34.45	2:36.70	266	22/08/15	Cumbernauld Autumn Graded Meet 2015	Cumbernauld	SCO1006	2
400 Freestyle	5:31.22	5:35.40	263	30/05/15	Rascals Graded Meet 2015	Bellshill	SCO983	2
50 Breaststroke	44.87	45.60	171	22/08/15	Cumbernauld Autumn Graded Meet 2015	Cumbernauld	SCO1006	2
100 Breaststroke	1:46.83	1:48.00	138	15/02/14	Belshill Sharks Open Meet 2014	Belshill	SCO811	2
50 Butterfly	44.02	44.50	120	15/02/14	Belshill Sharks Open Meet 2014	Belshill	SCO811	2
200 Butterfly	4:19.95	4:21.20	69	17/02/13	Bellshill Sharks ASC Open Meet	Bellshill	SCO707	2
50 Backstroke	36.61	37.20	220	22/08/15	Cumbernauld Autumn Graded Meet 2015	Cumbernauld	SCO1006	2
100 Backstroke	1:21.50	1:22.50	208	11/04/15	Stirling Open Meet	Stirling	SCO962	2
200 Backstroke	2:57.02	2:58.90	212	11/04/15	Stirling Open Meet	Stirling	SCO962	2
200 Individual Medley	3:01.01	3:03.20	222	30/05/15	Rascals Graded Meet 2015	Bellshill	SCO983	2