

Individual Best Times (All Time)

Beatrice Hollands - (895590) - Cardiff Masters

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.59	27.90	563	19/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield	NE220242	1
100 Freestyle	1:02.26	1:00.90	572	14/07/19	Portsmouth Northsea End of Season Meet 2019	Mountbatten SC	SE191275	3
200 Freestyle	2:27.81	2:25.40	445	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
100 Breaststroke	1:24.92	1:23.40	430	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
50 Butterfly	30.50	29.90	513	14/07/19	Portsmouth Northsea End of Season Meet 2019	Mountbatten SC	SE191275	3
100 Butterfly	1:11.87	1:10.80	460	14/04/17	PNSC Easter Meet	Portsmouth	SE170397	1
200 Butterfly	2:43.25	2:41.30	415	16/12/17	Portsmouth Northsea Christmas Meet	Portsmouth	SE172168	3
50 Backstroke	34.92	34.30	455	16/12/17	Portsmouth Northsea Christmas Meet	Portsmouth	SE172168	3
100 Backstroke	1:12.85	1:11.70	487	04/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
200 Backstroke	2:42.57	2:40.50	434	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
200 Individual Medley	2:36.50	2:34.00	523	31/03/18	Portsmouth Northsea Easter Meet	Mountbatten SC	SE180278	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.62	29.30	514	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	SE190344	2
100 Freestyle	1:00.94	1:02.30	560	21/11/21	BUCS Short Course Swimming	Sheffield	NE210935	2
200 Freestyle	2:17.41	2:19.90	517	25/11/17	Atlantis Christmas Cracker Open Meet	Horsham	SE171277	3
400 Freestyle	5:01.74	5:06.40	450	22/09/16	Fareham Nomads Club Championships	Fareham	SE161144	4
800 Freestyle	10:45.09	10:54.00	405	02/12/16	Fareham Nomads Winter Distance Meet	Fareham	SE162410	4
50 Breaststroke	37.27	38.10	441	10/03/18	Forest Of Bere Regional Chaser Meet	Waterlooville	SE180592	3
100 Breaststroke	1:22.72	1:24.20	428	25/11/17	Atlantis Christmas Cracker Open Meet	Horsham	SE171277	3
200 Breaststroke	3:07.57	3:10.40	369	17/09/17	Fareham Nomads Club Championships	Portsmouth	SE171837	4
50 Butterfly	30.46	31.10	512	21/11/21	BUCS Short Course Swimming	Sheffield	NE210935	2
100 Butterfly	1:09.62	1:10.70	467	08/04/17	Swim Bournemouth Spring Short Course Meet	Bournemouth	SW170245	2
200 Butterfly	2:43.91	2:45.80	388	09/04/16	Basingstoke Bluefins Level 3	Basingstoke	SE160760	3
50 Backstroke	33.10	33.70	443	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	SE190344	2
100 Backstroke	1:10.32	1:11.50	475	26/11/17	Atlantis Christmas Cracker Open Meet	Horsham	SE171277	3
200 Backstroke	2:28.92	2:31.10	509	25/11/17	Atlantis Christmas Cracker Open Meet	Horsham	SE171277	3
200 Individual Medley	2:29.51	2:32.10	541	11/11/17	NASLS - ROUND TWO	WATERLOOVILLE	SE172511	3
400 Individual Medley	5:24.61	5:30.00	507	23/07/17	Fareham Nomads Summer Meet 2017	Waterlooville	SE170917	3
100 Individual Medley	1:15.13	1:15.10	425	02/04/16	Swim Bournemouth Spring L2 Open Meet	Bournemouth	SW160342	2