

Individual Best Times (All Time)

Elena Gower - (895307) - Halstead Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	42.03	42.50	162	04/10/14	Halstead Club Championships	Halstead	ER4967	4
50 Breaststroke	54.59	55.20	140	27/09/14	Halstead Club Championships	Halstead	ER4966	4
50 Butterfly	48.88	49.30	124	27/09/14	Halstead Club Championships	Halstead	ER4966	4
50 Backstroke	46.37	46.80	161	13/04/14	Halstead 5th Annual Open Meet	Halstead	ER4264	3
200 Backstroke	3:53.05	3:54.50	132	22/09/12	Halstead ASC Club Championships	Halstead	ER2614	4
100 Individual Medley	1:49.29	1:49.30	138	28/09/12	Halstead ASC Club Championships	Halstead	ER2614	4