

Individual Best Times (All Time)

Aimee Glendenning - (894658) - Arnold SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.33	30.70	427	20/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180321	1
100 Freestyle	1:08.21	1:07.00	435	22/01/17	Nottingham ASA County Championships 2017	Nottingham	EM170340	1
200 Freestyle	2:26.28	2:23.90	459	01/04/17	Stockport Metro Qualifying Window Meet	Stockport	NW170111	1
400 Freestyle	5:03.13	4:58.50	468	02/04/17	Stockport Metro Qualifying Window Meet	Stockport	NW170111	1
800 Freestyle	10:31.36	10:22.10	452	31/03/17	Stockport Metro Qualifying Window Meet	Stockport	NW170111	1
50 Breaststroke	40.31	39.50	378	04/02/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180322	1
100 Breaststroke	1:26.96	1:25.50	401	05/03/17	Nova Centurion March Sprint Meet 2017	Nottingham	EM170410	3
200 Breaststroke	3:06.47	3:03.60	401	22/01/17	Nottingham ASA County Championships 2017	Nottingham	EM170340	1
50 Butterfly	35.83	35.30	316	21/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180321	1
100 Butterfly	1:42.87	1:42.10	156	18/07/15	Nottinghamshire ASA Summer Gala 2015	Nottingham	EM150974	3
50 Backstroke	37.41	36.90	370	03/02/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180322	1
100 Backstroke	1:18.73	1:17.70	386	05/02/17	Nottingham ASA County Championships 2017	Nottingham	EM170341	1
200 Backstroke	2:44.87	2:42.80	416	21/01/17	Nottingham ASA County Championships 2017	Nottingham	EM170340	1
200 Individual Medley	2:45.64	2:43.20	441	02/04/17	Stockport Metro Qualifying Window Meet	Stockport	NW170111	1
400 Individual Medley	5:53.85	5:48.80	424	04/02/17	Nottingham ASA County Championships 2017	Nottingham	EM170341	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.33	32.00	392	05/12/17	Arnold Winter Time Trials 2017	Arnold	EM172495	4
100 Freestyle	1:09.21	1:10.40	382	15/10/16	Nova Centurion October L2 SC Open Meet	Nottingham	EM161876	2
200 Freestyle	2:22.62	2:25.00	462	16/07/17	Nottinghamshire ASA Summer Gala 2017	Nottingham	EM170707	3
400 Freestyle	5:12.60	5:17.10	405	18/12/16	Nottinghamshire ASA Festive Frenzy Gala 2016	Nottingham	EM161991	3
800 Freestyle	10:35.89	10:44.90	423	04/12/16	Nova Centurion Internal Race Meet 2016	Nottingham	EM162224	4
50 Breaststroke	39.32	40.10	375	07/01/18	Ripley Rascals 45th Anniversary Open Meet	Matlock	EM180095	3
100 Breaststroke	1:25.26	1:26.70	391	24/03/18	Notts ASA Stage 3 2018	Retford LC	EM180577	4
200 Breaststroke	3:03.68	3:06.50	393	18/12/16	Nottinghamshire ASA Festive Frenzy Gala 2016	Nottingham	EM161991	3
50 Butterfly	36.19	36.70	305	05/12/17	Arnold Winter Time Trials 2017	Arnold	EM172495	4
100 Butterfly	1:23.51	1:24.40	271	27/11/16	Bramcote 9th Annual Open Meet	Bramcote	EM162347	3
50 Backstroke	36.45	37.00	332	15/10/17	Arnold Club Championships	Hucknall	EM171445	4
100 Backstroke	1:16.64	1:17.70	367	10/02/18	Sports Centre League 2018 - Division 2	Hucknall LC	EM180569	4
200 Backstroke	2:42.20	2:44.20	394	16/07/17	Nottinghamshire ASA Summer Gala 2017	Nottingham	EM170707	3
200 Individual Medley	2:45.11	2:47.50	402	27/11/16	Bramcote 9th Annual Open Meet	Bramcote	EM162347	3
400 Individual Medley	5:48.65	5:53.70	409	04/12/16	Nova Centurion Internal Race Meet 2016	Nottingham	EM162224	4
100 Individual Medley	1:16.39	1:16.40	404	10/02/18	Sports Centre League 2018 - Division 2	Hucknall LC	EM180569	4