

# Individual Best Times (All Time)

Abbie Harris - (893468) - Fareham Nomads SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:21.55	1:20.50	254	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe	SE3432	3
50 Backstroke	41.81	41.30	265	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe	SE3432	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.64	32.30	380	19/02/17	Fareham Nomads Valentines Meet 2017	Waterlooville	SE170385	3
100 Freestyle	1:08.91	1:10.10	387	19/02/17	Fareham Nomads Valentines Meet 2017	Waterlooville	SE170385	3
200 Freestyle	2:30.78	2:33.10	391	19/02/17	Fareham Nomads Valentines Meet 2017	Waterlooville	SE170385	3
400 Freestyle	5:56.75	6:00.70	272	13/10/13	Fareham Nomads Club Championships	Westhill Park	SE3858	4
800 Freestyle	12:27.37	12:35.10	260	20/10/13	Fareham Nomads Club Championships	Westhill Park	SE3858	4
50 Breaststroke	48.68	49.30	197	29/06/14	Fareham Nomads Summer Open Meet	Waterlooville	SE4632	3
100 Breaststroke	1:48.00	1:49.20	192	07/10/13	Fareham Nomad Club Championships	Fareham	SE3857	4
50 Butterfly	35.01	35.50	337	19/02/17	Fareham Nomads Valentines Meet 2017	Waterlooville	SE170385	3
50 Backstroke	36.00	36.60	345	07/01/17	Fareham Nomads Last Chance County Qualifier	Southampton	SE170268	3
100 Backstroke	1:18.91	1:19.90	336	14/06/15	Swim Out of Your Skin Open Meet	Waterlooville	SE151195	3
200 Backstroke	2:59.45	3:01.30	291	13/10/14	Fareham Nomads Club Championships	Fareham	SE14318	4
200 Individual Medley	3:16.47	3:18.50	238	11/10/13	Fareham Nomad Club Championships	Fareham	SE3857	4
100 Individual Medley	1:30.44	1:30.40	243	26/01/14	Fareham Nomads January Open Meet 2014	Waterlooville	SE4203	3