

# Individual Best Times (All Time)

Steven Wood - (892922) - Woking SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.00	28.30	374	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
100 Freestyle	1:15.47	1:14.40	239	08/01/17	BWFSC L3 New Year Meet	London Aquatics Cent	LR170193	3
200 Freestyle	2:29.20	2:26.90	319	10/03/18	Windsor LC L3 Regional Chaser Open Meet	Aldershot	SE180768	3
400 Freestyle	5:49.49	5:45.40	249	29/01/17	Surrey Age Group Championships	Guildford	LR170175	1
50 Butterfly	33.80	33.20	286	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1
50 Backstroke	32.84	32.20	368	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
100 Backstroke	1:08.77	1:07.60	422	25/07/21	South East Festival of Swimming 2021	Wycombe	SE210358	1
200 Backstroke	2:25.39	2:23.10	456	06/02/22	Surrey County Age Group Championships 2022	Guildford	LR220176	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.82	27.60	424	03/10/21	Woking SC Club Championships 2021	Woking	SE210939	4
100 Freestyle	59.02	1:00.40	438	18/10/21	Woking SC Club Championships 2021	Woking	SE210940	4
200 Freestyle	2:08.23	2:10.90	465	28/11/21	Woking SC Club Championships	Woking	SE210943	4
400 Freestyle	4:37.05	4:42.10	449	26/11/21	Woking SC Club Championships	Woking	SE210942	4
1500 Freestyle	19:37.60	19:55.00	371	13/07/19	Inter Club Championships 2019	Guildford	LR192063	4
50 Breaststroke	35.78	36.60	339	03/10/21	Woking SC Club Championships 2021	Woking	SE210939	4
100 Breaststroke	1:21.85	1:23.40	308	18/10/21	Woking SC Club Championships 2021	Woking	SE210940	4
200 Breaststroke	2:55.20	2:58.20	322	04/11/21	Woking SC Club Championships	Woking	SE210941	4
50 Butterfly	28.80	29.40	430	03/10/21	Woking SC Club Championships 2021	Woking	SE210939	4
100 Butterfly	1:07.50	1:08.60	354	18/10/21	Woking SC Club Championships 2021	Woking	SE210940	4
200 Butterfly	3:00.02	3:01.80	209	07/07/19	Woking S.C. Club Championships 2019	Woking	SE191923	4
50 Backstroke	30.48	31.10	381	03/10/21	Woking SC Club Championships 2021	Woking	SE210939	4
100 Backstroke	1:05.50	1:06.70	401	06/07/21	Woking Swimming Club	Pool in the Park	LEX3021	0
200 Backstroke	2:18.53	2:20.90	443	28/11/21	Woking SC Club Championships	Woking	SE210943	4
200 Individual Medley	2:28.80	2:31.40	399	03/10/21	Woking SC Club Championships 2021	Woking	SE210939	4
100 Individual Medley	1:17.15	1:17.20	260	16/05/21	Woking	Pool in the Park	LEX1135	0