

Individual Best Times (All Time)

Katie Macrae - (891771) - Oxford Brookes University Swimmer

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|--|----------------|----------|-------|
| 50 Freestyle | 30.62 | 29.90 | 458 | 13/02/16 | Kent Swimming Championships 2016 | London | SE160331 | 1 |
| 100 Freestyle | 1:05.45 | 1:04.20 | 493 | 28/01/18 | Kent Swimming Championships 2018 | Crystal Palace | SE180333 | 1 |
| 200 Freestyle | 2:18.83 | 2:16.30 | 537 | 28/01/17 | Kent Swimming Championships | Crystal Palace | SE170172 | 1 |
| 400 Freestyle | 4:52.89 | 4:48.10 | 519 | 20/01/18 | Kent Swimming Championships 2018 | Crystal Palace | SE180332 | 1 |
| 800 Freestyle | 9:50.24 | 9:40.40 | 554 | 22/01/17 | Kent Swimming Championships | Crystal Palace | SE170171 | 1 |
| 100 Breaststroke | 1:26.03 | 1:24.60 | 414 | 04/02/18 | Kent Swimming Championships 2018 | Crystal Palace | SE180334 | 1 |
| 200 Breaststroke | 3:04.14 | 3:01.20 | 416 | 04/02/18 | Kent Swimming Championships 2018 | Crystal Palace | SE180334 | 1 |
| 100 Butterfly | 1:12.34 | 1:11.30 | 451 | 05/02/17 | Kent Swimming Championships | Crystal Palace | SE170173 | 1 |
| 200 Butterfly | 2:37.59 | 2:35.60 | 461 | 13/05/17 | ASA South East Region Championships 2017 | Crawley | SE170866 | 1 |
| 50 Backstroke | 33.94 | 33.30 | 495 | 19/01/19 | Kent Swimming Championships 2019 | London | SE190347 | 1 |
| 100 Backstroke | 1:11.70 | 1:10.60 | 511 | 27/01/18 | Kent Swimming Championships 2018 | Crystal Palace | SE180333 | 1 |
| 200 Backstroke | 2:33.18 | 2:31.00 | 519 | 27/01/18 | Kent Swimming Championships 2018 | Crystal Palace | SE180333 | 1 |
| 200 Individual Medley | 2:34.23 | 2:31.70 | 546 | 13/05/17 | ASA South East Region Championships 2017 | Crawley | SE170866 | 1 |
| 400 Individual Medley | 5:23.30 | 5:17.80 | 556 | 21/01/17 | Kent Swimming Championships | Crystal Palace | SE170171 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|--------------|----------|-------|
| 50 Freestyle | 29.75 | 30.40 | 457 | 17/12/17 | Bromley Christmas Gold Open Meet 2017 | Gillingham | LR171165 | 3 |
| 100 Freestyle | 1:03.27 | 1:04.60 | 500 | 15/07/18 | Thanet Club Championships | Hartsdown LC | SE180927 | 4 |
| 200 Freestyle | 2:15.57 | 2:18.10 | 538 | 08/07/18 | Thanet Club Championships | Hartsdown | SE180925 | 4 |
| 400 Freestyle | 4:44.00 | 4:48.90 | 540 | 07/10/17 | East Invicta Association Championships 2017 | Canterbury | SE172080 | 3 |
| 800 Freestyle | 9:43.35 | 9:53.20 | 548 | 16/10/16 | East Invicta Championships | Canterbury | SE161625 | 3 |
| 50 Breaststroke | 37.09 | 37.90 | 447 | 16/12/17 | Bromley Christmas Gold Open Meet 2017 | Gillingham | LR171165 | 3 |
| 100 Breaststroke | 1:19.62 | 1:21.20 | 480 | 13/10/18 | NASL South Round One 2018 | Horsham | SE182185 | 3 |
| 200 Breaststroke | 2:52.03 | 2:55.10 | 478 | 15/07/18 | Thanet Club Championships | Hartsdown LC | SE180927 | 4 |
| 50 Butterfly | 31.89 | 32.50 | 446 | 08/07/18 | Thanet Club Championships | Hartsdown | SE180925 | 4 |
| 100 Butterfly | 1:08.12 | 1:09.20 | 499 | 15/07/18 | Thanet Club Championships | Hartsdown LC | SE180927 | 4 |
| 200 Butterfly | 2:31.05 | 2:33.10 | 496 | 08/04/18 | Canterbury & Thanet Spring Regional Qualifier | Canterbury | SE180461 | 3 |
| 50 Backstroke | 32.25 | 32.90 | 479 | 15/07/18 | Thanet Club Championships | Hartsdown LC | SE180927 | 4 |
| 100 Backstroke | 1:08.31 | 1:09.50 | 518 | 13/10/18 | NASL South Round One 2018 | Horsham | SE182185 | 3 |
| 200 Backstroke | 2:27.80 | 2:30.00 | 521 | 17/06/18 | Thanet Club Championships | Hartsdown LC | SE180921 | 4 |
| 200 Individual Medley | 2:29.14 | 2:31.80 | 545 | 09/12/17 | NASLS - Round Three | Bexleyheath | SE172626 | 3 |
| 400 Individual Medley | 5:16.95 | 5:22.40 | 545 | 08/04/18 | Canterbury & Thanet Spring Regional Qualifier | Canterbury | SE180461 | 3 |
| 100 Individual Medley | 1:10.75 | 1:10.80 | 509 | 17/06/18 | Thanet Club Championships | Hartsdown LC | SE180921 | 4 |