

# Individual Best Times (All Time)

Beth Copley - (891752) - Newcastle SwimTeam

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.20	32.60	359	09/03/13	Northumberland & Durham County Champs	Sunderland	CC3097	1
100 Freestyle	1:09.83	1:08.60	406	12/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
200 Freestyle	2:34.32	2:32.10	391	18/05/13	City of Sunderland May Open Meet	Sunderland	NE3324	1
400 Freestyle	5:09.26	5:04.70	440	13/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3
50 Breaststroke	46.49	45.80	246	07/07/12	City of Sunderland Summer Splash	Sunderland	NE2187	3
100 Breaststroke	1:42.25	1:41.00	246	07/07/12	City of Sunderland Summer Splash	Sunderland	NE2187	3
200 Breaststroke	3:46.07	3:43.70	225	06/10/12	Northumberland & Durham Autumn Meet 2012	Sunderland	NE2628	3
50 Butterfly	34.95	34.40	341	12/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
100 Butterfly	1:37.05	1:36.30	186	08/07/12	City of Sunderland Summer Splash	Sunderland	NE2187	3
200 Butterfly	3:40.05	3:38.60	169	07/10/12	Northumberland & Durham Autumn Meet 2012	Sunderland	NE2628	3
50 Backstroke	37.90	37.40	355	10/03/13	Northumberland & Durham County Champs	Sunderland	CC3097	1
100 Backstroke	1:18.14	1:17.10	394	12/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
200 Backstroke	2:54.96	2:53.00	348	04/11/12	City of Sunderland 2012 Firecracker	Sunderland	NE2749	1
200 Individual Medley	3:02.98	3:00.80	327	03/11/12	City of Sunderland 2012 Firecracker	Sunderland	NE2749	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.66	32.30	379	18/01/14	Newburn New Year Graded Meet	Stanley	NE4304	3
100 Freestyle	1:06.55	1:07.80	430	06/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	NE4685	3
200 Freestyle	2:24.05	2:26.40	449	05/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	NE4685	3
400 Freestyle	5:29.20	5:33.40	346	16/09/12	South Tyneside Autumn Meet 2012	South Tyneside	NE2633	3
800 Freestyle	10:27.13	10:36.30	441	10/11/13	Gateshead & Whickham Distance Meet	Gateshead	NE3917	3
50 Breaststroke	42.37	43.10	300	06/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	NE4685	3
100 Breaststroke	1:33.45	1:34.80	297	08/06/13	Derwentside ASC 4th Annual Charity Swim Meet	Stanley	NE3327	3
200 Breaststroke	3:24.97	3:27.50	282	09/06/13	Derwentside ASC 4th Annual Charity Swim Meet	Stanley	NE3327	3
50 Butterfly	34.85	35.40	342	06/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	NE4685	3
100 Butterfly	1:20.20	1:21.10	306	27/10/13	Middlesbrough Halloween Open	Middlesbrough	NE3183	2
200 Butterfly	3:14.64	3:16.30	232	09/06/13	Derwentside ASC 4th Annual Charity Swim Meet	Stanley	NE3327	3
50 Backstroke	35.74	36.30	352	05/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	NE4685	3
100 Backstroke	1:16.47	1:17.50	369	05/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	NE4685	3
200 Backstroke	2:39.74	2:41.80	412	06/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	NE4685	3
200 Individual Medley	2:46.90	2:49.20	389	05/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	NE4685	3
400 Individual Medley	5:49.40	5:54.40	407	10/11/13	Gateshead & Whickham Distance Meet	Gateshead	NE3917	3
100 Individual Medley	1:26.73	1:26.70	276	25/03/12	Gateshead & Whickham Invitation Meet	Dunston	NE2372	4