

Individual Best Times (All Time)

Harry Atkinson - (891107) - Long Eaton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.97	29.30	339	14/02/16	Nottinghamshire ASA County Championships	Nottingham	EM160140	1
100 Freestyle	1:06.91	1:05.60	343	16/01/16	Nottinghamshire ASA County Championships 2016	Nottingham	EM160138	1
50 Breaststroke	39.76	39.00	278	04/02/17	Nottingham ASA County Championships 2017	Nottingham	EM170341	1
200 Breaststroke	3:07.84	3:05.00	298	13/02/16	Nottinghamshire ASA County Championships	Nottingham	EM160140	1
200 Backstroke	2:48.50	2:46.50	293	22/01/17	Nottingham ASA County Championships 2017	Nottingham	EM170340	1
200 Individual Medley	2:51.33	2:49.00	294	21/01/17	Nottingham ASA County Championships 2017	Nottingham	EM170340	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.72	29.40	345	24/03/17	Nottingham Northern Time Trials 2017	Nottingham	EM170703	4
100 Freestyle	1:03.93	1:05.20	345	06/11/15	Nottingham Northern Club Championships 2015	Nottingham	EM151775	4
200 Freestyle	2:30.06	2:32.40	290	05/05/17	Nottingham Northern Time Trials 2017	Nottingham	EM170705	4
50 Breaststroke	38.23	39.00	277	01/03/15	Nottinghamshire County Championships	Nottingham	CC150385	2
100 Breaststroke	1:23.76	1:25.30	287	17/11/17	Nottingham Northern Club Championships	Nottingham	EM171944	4
200 Breaststroke	3:02.87	3:05.70	283	12/05/17	Nottingham Northern Time Trials 2017	Nottingham	EM170706	4
50 Butterfly	33.07	33.60	284	31/03/17	Nottingham Northern Time Trials 2017	Nottingham	EM170704	4
100 Butterfly	1:17.27	1:18.20	236	24/02/18	Notts ASA Stage 3 2018	Mansfield	EM180576	4
50 Backstroke	33.63	34.20	284	31/10/16	Nottingham Northern Club Championships 2016	Nottingham	EM161802	4
100 Backstroke	1:15.90	1:17.00	258	10/11/17	Nottingham Northern Club Championships	Nottingham	EM171942	4
200 Backstroke	2:38.84	2:40.90	294	10/10/16	Nottingham Northern Club Championships	Nottingham	EM161801	4
200 Individual Medley	2:41.42	2:43.80	313	03/11/16	Nottingham Northern Club Championships 2016	Nottingham	EM161803	4
100 Individual Medley	1:13.94	1:13.90	296	14/11/16	Nottingham Northern Club Championships 2016	Nottingham	EM161807	4