

Individual Best Times (All Time)

Kohei Watanabe - (891102) - City of Cambridge SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.35	26.60	446	14/01/17	16th City of Derby Long Course Open Meet	Sheffield	EM170105	1
100 Freestyle	58.88	57.40	504	29/04/17	ASA East Long Course Championships	Luton	ER170219	1
200 Freestyle	2:13.05	2:10.40	450	18/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	SE170569	1
400 Freestyle	4:49.08	4:44.20	441	04/05/15	London Region Summer Championships	Crystal Palace	LR150561	1
50 Breaststroke	38.27	37.40	311	19/03/16	Harpenden Sprint Night (Frantic Fifties)	Luton	ER160278	3
100 Breaststroke	1:22.71	1:21.20	325	04/05/15	London Region Summer Championships	Crystal Palace	LR150561	1
200 Breaststroke	3:00.33	2:57.40	336	11/04/15	Bexley Long Course Open Meet	Crystal Palace	LR150015	1
50 Butterfly	29.35	28.70	436	18/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	SE170569	1
100 Butterfly	1:07.09	1:05.90	400	18/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	SE170569	1
50 Backstroke	31.58	30.90	414	10/02/18	Victoria 8th International Swim Meet	Rijeka, Croatia	GBR648	1
100 Backstroke	1:12.04	1:10.90	367	02/05/15	London Region Summer Championships	Crystal Palace	LR150561	1
200 Backstroke	2:41.66	2:39.60	331	12/04/15	Bexley Long Course Open Meet	Crystal Palace	LR150015	1
200 Individual Medley	2:34.26	2:31.70	403	11/04/15	Bexley Long Course Open Meet	Crystal Palace	LR150015	1
400 Individual Medley	5:52.82	5:47.80	324	15/06/14	London Region Age Group Championships	Stratford	LRX408	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.09	26.90	461	27/11/16	St Albans Open Meet	St Albans	ER161417	3
100 Freestyle	57.10	58.50	484	27/11/16	St Albans Open Meet	St Albans	ER161417	3
200 Freestyle	2:06.05	2:08.80	489	02/04/17	Hatfield Regional Qual Meet 2017	Hatfield	ER170484	3
400 Freestyle	4:47.37	4:52.20	402	15/11/14	London Boro of Enfield 200 400 Meet	Enfield	LR14544	4
1500 Freestyle	18:37.59	18:55.90	435	15/02/15	Middlesex County Championships 2015	Barnet	CC150223	2
50 Breaststroke	36.99	37.80	306	01/04/17	Hatfield Regional Qual Meet 2017	Hatfield	ER170484	3
100 Breaststroke	1:18.75	1:20.30	345	02/04/17	Hatfield Regional Qual Meet 2017	Hatfield	ER170484	3
200 Breaststroke	2:52.39	2:55.40	338	29/03/15	Redbridge March Regional Qualifier	Fullwell Cross	LR150168	3
50 Butterfly	28.88	29.50	427	26/11/16	St Albans Open Meet	St Albans	ER161417	3
100 Butterfly	1:05.48	1:06.60	388	25/06/17	Hatfield Summer Meet 2017	Hatfield	ER171273	2
50 Backstroke	30.33	31.00	387	25/06/17	Hatfield Summer Meet 2017	Hatfield	ER171273	2
100 Backstroke	1:06.23	1:07.40	388	24/06/17	Hatfield Summer Meet 2017	Hatfield	ER171273	2
200 Backstroke	2:28.99	2:31.20	356	12/03/16	Watford Regional Qualifier	Watford	ER160088	3
200 Individual Medley	2:27.04	2:29.70	414	19/11/17	Team Luton November Short Course Meet	Luton	ER172383	3
400 Individual Medley	5:30.66	5:35.90	358	16/11/14	London Boro of Enfield 200 400 Meet	Enfield	LR14544	4
100 Individual Medley	1:10.91	1:10.90	335	19/01/15	Middlesex County Championships 2015	Hendon	CC150222	2