

Individual Best Times (All Time)

Imogen Smith - (891094) - Barnet Cophall SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.18	27.40	588	27/01/19	2019 Middlesex County Championships	London	LR190268	1
100 Freestyle	1:01.00	59.60	609	20/04/19	Team Luton April Open Meet	Luton	ER190182	1
200 Freestyle	2:17.47	2:14.90	553	27/01/18	MCASA 2018 County Age Group & Youth Championships	London	LR180226	1
400 Freestyle	5:11.69	5:07.10	430	13/04/14	LSSA Championships	Crystal Palace	LR4027	1
50 Butterfly	29.41	28.80	573	12/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	EM190118	1
100 Butterfly	1:06.87	1:05.70	571	24/05/19	Glasgow International Swim Meet	Tollcross	SCO1665	1
50 Backstroke	31.48	30.80	621	12/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	EM190118	1
100 Backstroke	1:07.86	1:06.70	602	13/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	EM190118	1
200 Backstroke	2:36.00	2:33.80	491	28/01/18	MCASA 2018 County Age Group & Youth Championships	London	LR180226	1
200 Individual Medley	2:59.89	2:57.70	344	14/04/13	Bexley SC Long Course Open Meet	London	LR3128	1

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Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.69	28.40	567	03/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Freestyle	1:01.98	1:03.30	532	19/11/17	Barnet Cophall County Qualifier & Development	London	LR171954	3
200 Freestyle	2:14.48	2:17.00	551	19/11/17	Barnet Cophall County Qualifier & Development	London	LR171954	3
400 Freestyle	4:55.37	5:00.10	480	15/03/14	Middlesex County Championships	Enfield	CC4094	2
800 Freestyle	10:31.72	10:40.80	431	27/11/14	Broomfield Park Club Championships	London	LR4897	4
50 Breaststroke	42.68	43.40	293	04/10/15	Harpenden SC Legacy Open Meet 2015	Borehamwood	ER151365	3
200 Breaststroke	3:20.79	3:23.40	301	29/03/15	Redbridge March Regional Qualifier	Fullwell Cross	LR150168	3
50 Butterfly	29.64	30.30	556	03/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Butterfly	1:07.88	1:09.00	504	18/11/18	Barnet Cophall County Qualifier & Development Mee	London	LR182175	3
50 Backstroke	31.96	32.60	493	15/02/15	Middlesex County Championships 2015	Barnet	CC150223	2
100 Backstroke	1:07.72	1:08.90	532	19/11/17	Barnet Cophall County Qualifier & Development	London	LR171954	3
200 Backstroke	2:29.42	2:31.60	504	05/03/16	Enfield Swim Squad Regional Qualifier	Enfield	LR160367	3
200 Individual Medley	2:34.88	2:37.40	487	14/10/18	Barnet Cophall County Qualifier & Development Mee	London	LR182174	3
100 Individual Medley	1:11.66	1:11.70	490	18/11/18	Barnet Cophall County Qualifier & Development Mee	London	LR182175	3