

Individual Best Times (All Time)

Thomas Rose - (890120) - Tamworth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:18.39	1:17.30	213	15/03/14	Warwickshire County Championships	Coventry	CC4006	1
200 Freestyle	2:52.41	2:50.40	207	08/03/14	Warwickshire ASA County Championships	Coventry	CC4005	1
400 Freestyle	6:25.59	6:21.90	185	16/03/13	Warwickshire County Championships	Coventry	CC3009	1
50 Butterfly	41.03	40.60	159	15/03/14	Warwickshire County Championships	Coventry	CC4006	1
50 Backstroke	41.57	41.10	181	15/03/14	Warwickshire County Championships	Coventry	CC4006	1
100 Backstroke	1:25.89	1:24.90	216	08/03/14	Warwickshire ASA County Championships	Coventry	CC4005	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.88	38.40	150	19/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
100 Freestyle	1:11.91	1:13.10	242	17/05/15	Coventry & District ASC Secondary Galas	Nuneaton	WM150670	3
200 Freestyle	2:38.21	2:40.40	247	16/05/15	Coventry & District ASC Secondary Galas	Nuneaton	WM150670	3
400 Freestyle	6:16.64	6:20.40	178	19/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
50 Breaststroke	46.73	47.40	152	16/05/15	Coventry & District ASC Secondary Galas	Nuneaton	WM150670	3
50 Butterfly	47.99	48.40	93	18/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
50 Backstroke	37.37	37.90	207	17/05/15	Coventry & District ASC Secondary Galas	Nuneaton	WM150670	3
100 Backstroke	1:20.41	1:21.40	217	16/05/15	Coventry & District ASC Secondary Galas	Nuneaton	WM150670	3
200 Backstroke	3:15.97	3:17.70	156	18/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3
200 Individual Medley	3:50.71	3:52.40	107	30/06/12	Boldmere SC Water Carnival 2012	Stechford	WM2321	3
100 Individual Medley	1:36.36	1:36.40	133	19/05/13	Coventry & District Secondary Galas	Nuneaton	WM3278	3