

# Individual Best Times (All Time)

Daisy Armstrong - (889682) - Alnwick Dolphin SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	43.54	44.00	146	02/06/13	Blyth Summer Sprints Meet 2013	Blyth	NE3050	4
200 Freestyle	3:44.53	3:46.10	118	09/11/13	Alnwick Dolphins Time Trials	Alnwick	NE31015	4
50 Breaststroke	52.97	53.60	153	21/10/12	Durham City SC Medley Challenge 2012	Durham	NE2631	4
200 Breaststroke	4:15.85	4:17.90	145	27/01/13	North East Invitational Meet	Hexham	NE3240	3
50 Butterfly	50.10	50.50	115	02/12/12	Blyth Lifeguard & SC Christmas Cracker	Blyth	NE2639	4
50 Backstroke	50.05	50.50	128	02/12/12	Blyth Lifeguard & SC Christmas Cracker	Blyth	NE2639	4
200 Individual Medley	3:42.90	3:44.70	163	09/11/13	Alnwick Dolphins Time Trials	Alnwick	NE31015	4
100 Individual Medley	1:43.57	1:43.60	162	02/06/13	Blyth Summer Sprints Meet 2013	Blyth	NE3050	4