

# Individual Best Times (All Time)

James Edwards - (889518) - Welshpool Sharks

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.66	27.90	388	16/09/17	Swim Wales Legends Meet	Swansea	WL170075	1
100 Freestyle	1:04.35	1:03.00	386	17/09/17	Swim Wales Legends Meet	Swansea	WL170075	1
200 Freestyle	2:55.07	2:53.10	197	06/07/13	City of Coventry Graham Sykes Gala	Coventry	WM3275	3
50 Breaststroke	50.20	49.60	138	20/09/14	City of Coventry 50m Sprints	Coventry	WM4668	3
50 Butterfly	30.74	30.10	380	16/09/17	Swim Wales Legends Meet	Swansea	WL170075	1
50 Backstroke	41.96	41.50	176	20/09/14	City of Coventry 50m Sprints	Coventry	WM4668	3
100 Backstroke	1:33.11	1:32.20	170	06/07/13	City of Coventry Graham Sykes Gala	Coventry	WM3275	3
200 Backstroke	2:45.94	2:43.90	306	17/09/17	Swim Wales Legends Meet	Swansea	WL170075	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.87	28.60	378	01/10/17	ECL Championships 2017	Wrexham	WL172111	3
100 Freestyle	1:02.60	1:03.90	367	01/10/17	ECL Championships 2017	Wrexham	WL172111	3
200 Freestyle	2:43.79	2:45.90	223	19/01/14	Holywell Valentine Meet	Holywell	WAL541	2
400 Freestyle	5:59.38	6:03.30	206	02/02/14	Swim Wales North Region Championships	Llandudno	WAL545	2
50 Breaststroke	39.27	40.10	256	01/10/17	ECL Championships 2017	Wrexham	WL172111	3
50 Butterfly	29.75	30.40	390	01/10/17	ECL Championships 2017	Wrexham	WL172111	3
100 Butterfly	1:47.22	1:47.90	88	24/11/12	BG Swim Wales North 2012 Sub Regional	Llandudno	WAL465	4
50 Backstroke	33.08	33.70	298	01/10/17	ECL Championships 2017	Wrexham	WL172111	3
100 Backstroke	1:13.34	1:14.40	286	01/10/17	ECL Championships 2017	Wrexham	WL172111	3
200 Backstroke	2:56.37	2:58.30	214	04/05/14	Wrexham 11th Spring Meet	Wrexham	WAL564	2
200 Individual Medley	3:07.91	3:10.00	198	05/10/14	ECL Championships 2014	Wrexham	WAL596	4
100 Individual Medley	1:31.38	1:31.40	156	23/03/14	Wrexham Crystal Meet	Wrexham	WAL554	3