

Individual Best Times (All Time)

Alexander Riches - (889289) - York City Baths Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.29	27.50	403	16/03/13	Yorkshire County Championships	Sheffield	CC3100	1
100 Freestyle	1:06.23	1:05.00	354	18/01/14	Co Leeds New Year Meet 2014	Leeds	NE4019	3
50 Breaststroke	43.29	42.60	215	20/01/13	City of Leeds New Year Meet	Leeds	NE3218	3
100 Breaststroke	1:32.60	1:31.20	231	30/08/14	Worksop Dolphins The 30th Dukeries Open Meet	Sheffield	EM4454	3
50 Butterfly	31.39	30.80	357	22/09/13	City of Sheffield 31st Annual Teaspoon Gala	Sheffield	NE3173	3
100 Butterfly	1:13.86	1:12.80	300	30/08/14	Worksop Dolphins The 30th Dukeries Open Meet	Sheffield	EM4454	3
50 Backstroke	31.87	31.20	403	04/05/14	ASANER Youth & Senior Championships 2014	Sunderland	NER421	1
100 Backstroke	1:09.64	1:08.50	406	02/06/13	ASANER Age Group Championships	Sheffield	NER319	1
200 Backstroke	2:35.12	2:33.00	375	15/02/14	Yorkshire SA County Championship	Leeds	CC4067	1
200 Individual Medley	2:53.24	2:50.90	284	06/10/12	32nd Robin Hood Open Meet	Sheffield	EM2256	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.79	28.50	381	20/09/14	Rotherham Metro A&B Grade Meet	Sheffield	NE4307	3
100 Freestyle	1:02.27	1:03.60	373	11/10/14	Yorkshire Winter Championships	Sheffield	NE14602	2
200 Freestyle	2:22.50	2:24.90	339	04/12/13	York City Baths Club Championships	York	NE3911	4
50 Breaststroke	41.89	42.60	211	03/11/13	York City Baths Regional Qualifier	Hull	NE3821	3
100 Breaststroke	1:29.09	1:30.50	238	09/12/12	York City Baths Club Championships 2012	York	NE2797	4
200 Breaststroke	3:27.12	3:29.70	195	14/12/11	York City Baths Club Championships	York	NE1712	4
50 Butterfly	31.59	32.20	326	14/12/14	Middlesbrough Xmas Gala	Middlesbrough	NE14678	3
100 Butterfly	1:09.10	1:10.20	330	20/09/14	Rotherham Metro A&B Grade Meet	Sheffield	NE4307	3
200 Butterfly	2:59.10	3:00.90	212	02/12/13	York City Baths Club Championships	York	NE3911	4
50 Backstroke	30.99	31.60	363	01/11/14	York City Baths Club Regional Qualifier	Hull	NE14331	3
100 Backstroke	1:08.04	1:09.20	358	14/12/14	Middlesbrough Xmas Gala	Middlesbrough	NE14678	3
200 Backstroke	2:30.70	2:32.90	344	22/06/13	Harrogate District SC Summer A Grade Meet	Harrogate	NE3730	3
200 Individual Medley	2:35.01	2:37.50	353	12/10/14	Yorkshire Winter Championships	Sheffield	NE14602	2