

Individual Best Times (All Time)

Jack Wilson - (889244) - Northampton Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.05	31.40	277	12/02/17	NASA 2017 County Championships	Corby	EM170550	1
100 Freestyle	1:14.07	1:12.90	253	12/07/15	Northampton Summer Festival Open Meet	Corby	EM150964	3
200 Freestyle	2:43.60	2:41.50	242	17/12/16	Northampton Winter Festival	Corby	EM161800	3
50 Breaststroke	41.28	40.50	248	26/02/17	NASA 2017 County Championships	Corby	EM170549	1
100 Breaststroke	1:35.68	1:34.40	210	12/07/15	Northampton Summer Festival Open Meet	Corby	EM150964	3
200 Breaststroke	3:30.73	3:28.20	211	12/07/15	Northampton Summer Festival Open Meet	Corby	EM150964	3
50 Butterfly	35.03	34.50	256	11/02/17	NASA 2017 County Championships	Corby	EM170550	1
100 Butterfly	1:41.33	1:40.60	116	11/07/15	Northampton Summer Festival Open Meet	Corby	EM150964	3
50 Backstroke	39.46	38.90	212	12/07/15	Northampton Summer Festival Open Meet	Corby	EM150964	3
100 Backstroke	1:26.51	1:25.60	212	17/12/16	Northampton Winter Festival	Corby	EM161800	3
200 Backstroke	3:24.96	3:23.30	162	14/07/13	Northampton Summer Festival Open Meet	Northampton	EM3406	3
200 Individual Medley	3:01.44	2:59.20	248	17/12/16	Northampton Winter Festival	Corby	EM161800	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.00	32.60	250	16/09/17	NASA 2017 Short Course Competition	Rugby	EM172170	3
100 Freestyle	1:12.22	1:13.40	239	19/11/16	CMK November Open Meet (Level 3)	Milton Keynes	SE162086	3
200 Freestyle	2:38.52	2:40.70	246	02/10/16	Rob Welbourn Open Meet 2016	Deeping	EM161545	3
400 Freestyle	6:34.80	6:38.40	155	27/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	ER3467	3
50 Breaststroke	40.71	41.50	230	17/09/16	NASA 2016 Short Course Competition	Rugby	EM162201	3
100 Breaststroke	1:32.42	1:33.80	213	26/10/14	Flitwick Dolphins Open Meet	Biggleswade	ER14075	3
200 Breaststroke	3:19.35	3:22.00	218	02/10/16	Rob Welbourn Open Meet 2016	Deeping	EM161545	3
50 Butterfly	36.11	36.60	218	16/09/17	NASA 2017 Short Course Competition	Rugby	EM172170	3
100 Butterfly	1:35.42	1:36.20	125	05/12/15	Linslade Crusaders Last Chance Open meet	Bletchley	ER151923	3
50 Backstroke	37.78	38.30	200	17/09/16	NASA 2016 Short Course Competition	Rugby	EM162201	3
100 Backstroke	1:27.14	1:28.10	170	18/01/14	Biggleswade SC 15th Open Meet	Biggleswade	ER4051	3
200 Backstroke	3:14.59	3:16.30	159	24/11/13	Watford Middle Distance & 50m Sprint Open	Watford	ER3898	3
200 Individual Medley	3:02.59	3:04.70	216	06/12/15	Linslade Crusaders Last Chance Open meet	Bletchley	ER151923	3
100 Individual Medley	1:18.71	1:18.70	245	16/09/17	NASA 2017 Short Course Competition	Rugby	EM172170	3