

# Individual Best Times (All Time)

Sophie Graham - (889184) - Basingstoke Bluefins SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.16	29.50	479	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	SE150137	1
100 Freestyle	1:07.78	1:06.50	444	19/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	SE4255	1
200 Freestyle	2:29.06	2:26.70	433	19/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	SE4226	3
50 Breaststroke	45.14	44.40	269	27/10/12	Rushmoor Royals SC 10th Autumn Open Meet	Aldershot	SE2588	1
100 Breaststroke	1:37.53	1:36.20	284	14/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
200 Breaststroke	3:24.21	3:21.60	305	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
50 Butterfly	32.17	31.60	437	17/05/14	Northampton SC Spring Festival Open Meet	Corby	EM4052	1
100 Butterfly	1:11.41	1:10.30	468	18/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	SE4255	1
200 Butterfly	2:42.16	2:40.20	423	11/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	SE150137	1
50 Backstroke	35.31	34.70	440	14/03/15	Hampshire County ASA Championships	Portsmouth	CC150878	1
100 Backstroke	1:15.77	1:14.70	433	18/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	SE4255	1
200 Backstroke	2:42.43	2:40.40	435	17/05/14	Northampton SC Spring Festival Open Meet	Corby	EM4052	1
200 Individual Medley	2:43.49	2:41.10	459	19/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	SE4255	1
400 Individual Medley	6:02.32	5:57.40	395	02/03/13	Hampshire County Championships	Portsmouth	CC3084	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.38	31.10	429	08/03/15	Hampshire County ASA Championships	Waterlooville	CC150870	1
100 Freestyle	1:05.78	1:07.00	445	11/10/14	National Swimming Arena South 2014 R 1	Basingstoke	LR14180	3
200 Freestyle	2:24.68	2:27.10	443	27/09/14	Basingstoke Bluefins Club Championships	Basingstoke	SE14426	3
400 Freestyle	5:14.68	5:19.10	397	26/09/14	Basingstoke Bluefins Club Championships	Basingstoke	SE14426	3
800 Freestyle	11:09.02	11:17.60	363	12/10/14	Basingstoke Bluefins Club Championships	Basingstoke	SE14426	3
50 Breaststroke	42.31	43.00	301	03/11/13	Ealing Level 3 November Meet	Northolt	LR3642	3
100 Breaststroke	1:30.82	1:32.20	323	09/03/13	Hampshire County Championships	Southampton	CC3085	2
200 Breaststroke	3:26.40	3:28.90	277	07/10/12	Basingstoke Bluefins Club Championships	Basingstoke	SE2848	4
50 Butterfly	31.80	32.40	450	27/09/14	Basingstoke Bluefins Club Championships	Basingstoke	SE14426	3
100 Butterfly	1:09.89	1:11.00	462	13/12/14	NASL2014 Round Three	Waterlooville	LR14704	3
200 Butterfly	2:41.77	2:43.70	404	07/03/15	Hampshire County ASA Championships	Waterlooville	CC150870	1
50 Backstroke	33.54	34.10	426	27/09/14	Basingstoke Bluefins Club Championships	Basingstoke	SE14426	3
100 Backstroke	1:14.66	1:15.70	397	19/01/14	Windsor Level 2 Licenced Meet	Windsor	SE4120	2
200 Backstroke	2:37.37	2:39.50	431	27/09/14	Basingstoke Bluefins Club Championships	Basingstoke	SE14426	3
200 Individual Medley	2:41.05	2:43.50	433	08/03/14	Hampshire County Championships	Waterlooville	CC4115	2
400 Individual Medley	5:45.01	5:50.10	422	26/04/14	Tigersharks Spring Open Meet 2014	Swindon	SW4076	3
100 Individual Medley	1:14.10	1:14.10	443	28/09/14	Basingstoke Bluefins Club Championships	Basingstoke	SE14426	3