

Individual Best Times (All Time)

Tomos Cuddihy - (888259) - Llandudno Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.98	31.30	279	27/07/13	Swim Wales Summer Nationals	Swansea	WAL511	1
100 Freestyle	1:00.73	59.30	459	09/07/16	Summer Non National Qualifier LC Graded Meet 2016	Manchester	NW160083	3
200 Freestyle	2:12.44	2:09.80	456	26/03/16	Swim Wales Long Course Championships	Swansea	WL160019	1
400 Freestyle	5:18.36	5:13.90	330	30/07/13	Swim Wales Summer Nationals	Swansea	WAL511	1
1500 Freestyle	21:29.76	21:13.60	308	11/01/13	British Gas Swim Wales New Year Meet	Swansea	WAL469	1
100 Breaststroke	1:20.42	1:18.80	353	03/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield	EM150963	3
200 Breaststroke	3:23.98	3:21.40	232	11/01/14	British Gas Swim Wales New Year Meet	Swansea	WAL540	1
50 Butterfly	29.13	28.50	446	06/08/16	Swim Wales Summer Nationals	Swansea	WL160020	1
100 Butterfly	1:08.91	1:07.80	369	09/07/16	Summer Non National Qualifier LC Graded Meet 2016	Manchester	NW160083	3
200 Butterfly	3:12.87	3:11.20	187	31/03/13	BG Swim Wales AG & Yth & Senior Champs	Swansea	WAL483	1
50 Backstroke	37.75	37.20	242	02/08/13	Swim Wales Summer Nationals	Swansea	WAL511	1
100 Backstroke	1:10.67	1:09.50	389	04/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield	EM152306	4
200 Backstroke	2:31.20	2:29.00	405	03/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield	EM150963	3
200 Individual Medley	2:30.61	2:28.00	433	27/03/16	Swim Wales Long Course Championships	Swansea	WL160019	1
400 Individual Medley	5:22.16	5:16.70	426	26/03/16	Swim Wales Long Course Championships	Swansea	WL160019	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.67	28.40	386	31/01/16	Swim Wales North Regional Championships	Llandudno	WL160023	2
100 Freestyle	59.01	1:00.40	438	02/02/16	Swim Wales North Regional Championships	Llandudno	WL160023	2
200 Freestyle	2:06.79	2:09.50	481	03/12/16	Swim Wales Short Course Championships	Swansea	WL160022	2
400 Freestyle	4:28.83	4:34.00	492	15/10/16	Conwy County Aquatics Autumn Meet	Llandudno	WL161655	2
1500 Freestyle	20:12.17	20:29.10	341	28/09/13	Swim Conway Closed Invitation Meet	Llandudno	WAL518	4
50 Breaststroke	37.46	38.30	295	12/07/15	Len Thomas Memorial Sprint Meet	Llandudno	WL150713	2
100 Breaststroke	1:17.15	1:18.80	367	17/10/15	Conwy County Aquatics Autumn Meet	Llandudno	WL150714	2
200 Breaststroke	2:44.76	2:47.90	387	24/09/16	Conwy County Aquatics Closed Invitational	Llandudno	WL161540	3
50 Butterfly	29.15	29.80	415	02/12/16	Swim Wales Short Course Championships	Swansea	WL160022	2
100 Butterfly	1:04.96	1:06.10	397	16/10/16	Conwy County Aquatics Autumn Meet	Llandudno	WL161655	2
200 Butterfly	2:31.23	2:33.30	352	25/09/16	Conwy County Aquatics Closed Invitational	Llandudno	WL161540	3
50 Backstroke	35.85	36.40	234	13/04/13	City of Bangor Diddy Gala	Bangor	WAL487	4
100 Backstroke	1:06.96	1:08.10	376	30/01/16	Swim Wales North Regional Championships	Llandudno	WL160023	2
200 Backstroke	2:19.07	2:21.40	438	02/12/16	Swim Wales Short Course Championships	Swansea	WL160022	2
200 Individual Medley	2:23.87	2:26.60	442	24/09/16	Conwy County Aquatics Closed Invitational	Llandudno	WL161540	3
400 Individual Medley	5:02.82	5:08.60	466	16/10/16	Conwy County Aquatics Autumn Meet	Llandudno	WL161655	2
100 Individual Medley	1:19.12	1:19.10	241	13/04/14	City of Bangor Diddy Meet	Bangor	WAL559	4