

Individual Best Times (All Time)

Eifion Owen - (888254) - Llandudno Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	49.41	48.80	205	31/07/13	Swim Wales Summer Nationals	Swansea	WAL511	1
50 Backstroke	41.51	41.00	270	02/08/13	Swim Wales Summer Nationals	Swansea	WAL511	1
100 Backstroke	1:34.12	1:33.30	225	31/07/13	Swim Wales Summer Nationals	Swansea	WAL511	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.66	32.30	379	05/12/15	Swim Wales North Sub Regional Championships	Llandudno	WL151215	3
100 Freestyle	1:11.01	1:12.20	354	05/12/15	Swim Wales North Sub Regional Championships	Llandudno	WL151215	3
200 Freestyle	2:42.06	2:44.20	315	24/05/14	Swim Conway Whitsun Meet	Llandudno	WAL570	2
50 Breaststroke	43.93	44.60	269	23/05/15	Conwy County Aquatics Whitsun Meet	Llandudno	WL150712	2
100 Breaststroke	1:40.22	1:41.50	240	10/05/14	Swim Wales North Region Junior Development Meet	Llandudno	WAL567	4
200 Breaststroke	3:43.19	3:45.60	219	07/12/13	BG Swim Wales North Sub Regional Champs	Llandudno	WAL536	4
50 Butterfly	36.89	37.40	288	11/04/15	City of Bangor - Bangor Diddy Meet	Llandudno	WL150660	3
100 Butterfly	1:27.00	1:27.90	239	26/09/15	Swim Conwy Closed Invitational Meet	Llandudno	WL151457	3
200 Butterfly	3:43.83	3:45.20	152	08/12/13	BG Swim Wales North Sub Regional Champs	Llandudno	WAL536	4
50 Backstroke	38.18	38.70	289	11/04/15	City of Bangor - Bangor Diddy Meet	Llandudno	WL150660	3
100 Backstroke	1:22.77	1:23.70	291	27/09/15	Swim Conwy Closed Invitational Meet	Llandudno	WL151457	3
200 Backstroke	3:18.62	3:20.30	214	28/09/13	Swim Conway Closed Invitation Meet	Llandudno	WAL518	4
200 Individual Medley	2:55.98	2:58.20	332	07/03/15	Gwynedd AA & B Grade Meet	Llandudno	WL150518	3
100 Individual Medley	1:22.61	1:22.60	320	12/07/15	Len Thomas Memorial Sprint Meet	Llandudno	WL150713	2