

Individual Best Times (All Time)

Sarah Hodgson - (887747) - Alnwick Dolphin SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.05	32.70	366	18/11/17	Tynemouth ASC Winter Gala	Tynemouth	NE172171	3
100 Freestyle	1:11.59	1:12.80	345	01/07/17	Alnwick Dolphins Club Championships	Alnwick	NE171466	4
200 Freestyle	2:42.72	2:44.80	311	07/01/17	Last Chance County Qualifier	Stanley	NE170004	3
400 Freestyle	5:25.13	5:29.40	360	30/06/17	Alnwick Dolphins Club Championships	Alnwick	NE171466	4
50 Breaststroke	44.56	45.30	258	17/04/16	Tynedale Invitational Gala 2016	Hexham	NE160288	3
100 Breaststroke	1:29.99	1:31.40	332	15/10/17	Durham City Medley Challenge 2017	Durham	NE170970	3
200 Breaststroke	3:11.43	3:14.20	347	02/04/17	Tynedale Invitational Meet 2017	Hexham	NE170649	3
50 Butterfly	41.41	41.90	204	05/06/16	Blyth Summer Sprint 2016	Blyth	NE161167	3
100 Butterfly	1:25.40	1:26.30	253	15/10/17	Durham City Medley Challenge 2017	Durham	NE170970	3
200 Butterfly	3:03.81	3:05.50	275	01/07/17	Alnwick Dolphins Club Championships	Alnwick	NE171466	4
50 Backstroke	45.93	46.40	166	21/06/15	Blyth Summer Sprint Meet	Blyth	NE151019	3
100 Backstroke	1:22.73	1:23.70	292	15/10/17	Durham City Medley Challenge 2017	Durham	NE170970	3
200 Backstroke	3:25.46	3:27.10	194	11/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
200 Individual Medley	2:52.86	2:55.10	350	15/10/17	Durham City Medley Challenge 2017	Durham	NE170970	3
400 Individual Medley	6:01.39	6:06.20	367	02/07/17	Alnwick Dolphins Club Championships	Alnwick	NE171466	4
100 Individual Medley	1:35.35	1:35.30	208	21/06/15	Blyth Summer Sprint Meet	Blyth	NE151019	3