

Individual Best Times (All Time)

Emily Cryer - (887229) - Reading SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.53	37.00	248	08/04/18	Bracknell Wokingham Spring Level 3 Open Meet	Aldershot	SE180410	3
100 Freestyle	1:23.14	1:22.10	240	16/04/16	Bracknell Wokingham Spring L3 Meet	Aldershot	SE160362	3
200 Freestyle	2:53.75	2:51.70	273	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
50 Breaststroke	56.63	56.10	136	01/11/14	City of Bristol Open Meet	Bristol	SW4538	3
50 Butterfly	55.03	54.70	87	02/11/14	City of Bristol Open Meet	Bristol	SW4538	3
50 Backstroke	43.37	42.90	237	07/04/18	Bracknell Wokingham Spring Level 3 Open Meet	Aldershot	SE180410	3
100 Backstroke	1:33.18	1:32.30	232	17/04/16	Bracknell Wokingham Spring L3 Meet	Aldershot	SE160362	3
200 Backstroke	3:13.89	3:12.20	256	16/04/16	Bracknell Wokingham Spring L3 Meet	Aldershot	SE160362	3
200 Individual Medley	3:34.25	3:32.40	203	16/04/16	Bracknell Wokingham Spring L3 Meet	Aldershot	SE160362	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.00	37.60	238	16/05/15	Windsor Level 3 Meet	Maidenhead	SE150556	3
100 Freestyle	1:18.56	1:19.60	261	03/11/18	Reading Club Championships 2018	Hart Leisure Centre	SE182395	4
200 Freestyle	2:45.80	2:47.90	294	11/10/15	Berkshire & Sth Bucks Development Meet 2015	Bracknell	SE151338	3
400 Freestyle	5:50.23	5:54.20	288	15/09/16	Reading Club Championships 2016	Reading	SE160807	4
800 Freestyle	11:57.57	12:05.60	294	27/11/16	Wiltshire Long Distance Open Meet	Swindon	SW160629	2
50 Breaststroke	47.18	47.80	217	05/11/16	Reading November L3 Open Meet	Reading	SE161267	3
100 Breaststroke	1:45.36	1:46.60	207	26/11/16	Maidenhead Olympic Celebration County Qualifier	Maidenhead	SE162099	3
200 Breaststroke	3:43.01	3:45.40	219	02/10/16	Reading Club Championships 2016	Reading	SE160810	4
50 Butterfly	43.88	44.30	171	26/11/16	Maidenhead Olympic Celebration County Qualifier	Maidenhead	SE162099	3
100 Butterfly	1:41.02	1:41.80	153	02/10/16	Reading Club Championships 2016	Reading	SE160810	4
200 Butterfly	3:40.22	3:41.70	160	19/11/17	Reading Club Championships	Reading	SE171701	4
50 Backstroke	40.97	41.50	234	07/05/17	Windsor Spring Level 3	Maidenhead	SE170946	3
100 Backstroke	1:29.22	1:30.10	232	18/12/16	Tilehurst No Frills Meet	Reading	SE162568	3
200 Backstroke	3:07.69	3:09.50	254	14/12/15	Reading Last Chance County Times Evening	Reading	SE152344	4
200 Individual Medley	3:14.17	3:16.20	247	02/10/16	Reading Club Championships 2016	Reading	SE160810	4
400 Individual Medley	6:53.86	6:58.10	244	24/09/15	Reading Club Championships	Reading	SE151593	4
100 Individual Medley	1:30.98	1:31.00	239	26/11/16	Maidenhead Olympic Celebration County Qualifier	Maidenhead	SE162099	3