

Individual Best Times (All Time)

Ella Menzies - (886902) - Haslemere Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.98	30.30	442	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1
100 Freestyle	1:16.53	1:15.40	308	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
200 Freestyle	2:43.60	2:41.50	328	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
400 Freestyle	5:40.73	5:36.60	329	29/01/17	Surrey Age Group Championships	Guildford	LR170175	1
50 Breaststroke	43.62	42.90	298	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1
50 Butterfly	41.59	41.10	202	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
100 Butterfly	1:46.59	1:45.90	141	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
50 Backstroke	35.93	35.40	417	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Backstroke	1:23.35	1:22.40	325	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
200 Backstroke	3:04.07	3:02.20	299	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
200 Individual Medley	3:06.31	3:04.20	310	08/01/17	BWFSC L3 New Year Meet	London Aquatics Cent	LR170193	3
400 Individual Medley	6:48.51	6:44.20	275	09/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.50	31.20	424	24/06/18	HSC Club Championships	Haslemere	SE181637	4
100 Freestyle	1:06.70	1:07.90	427	25/06/18	HSC Club Championships	Haslemere	SE181638	4
200 Freestyle	2:26.55	2:28.90	426	24/06/18	HSC Club Championships	Haslemere	SE181637	4
400 Freestyle	5:12.49	5:17.00	405	25/06/18	HSC Club Championships	Haslemere	SE181638	4
800 Freestyle	10:41.07	10:50.00	413	12/11/17	Haslemere 800m & 1500m Time Trials	The Haslemere Ctr	SE172280	4
50 Breaststroke	41.98	42.70	308	28/04/19	Mark Menzies Meet April 2019	Haslemere	SE190469	3
100 Breaststroke	1:33.88	1:35.20	293	24/06/18	HSC Club Championships	Haslemere	SE181637	4
200 Breaststroke	3:20.28	3:22.90	303	24/06/18	HSC Club Championships	Haslemere	SE181637	4
50 Butterfly	35.90	36.40	313	23/06/19	Haslemere Club Championships 2019	Haslemere	SE192142	4
100 Butterfly	1:26.49	1:27.40	244	24/06/18	HSC Club Championships	Haslemere	SE181637	4
200 Butterfly	3:09.76	3:11.40	250	25/06/18	HSC Club Championships	Haslemere	SE181638	4
50 Backstroke	35.28	35.80	366	03/11/19	Haslemere Autumn Sparkler 2019	Haslemere	SE192486	3
100 Backstroke	1:15.20	1:16.30	388	28/04/19	Mark Menzies Meet April 2019	Haslemere	SE190469	3
200 Backstroke	2:44.85	2:46.90	375	24/06/19	Haslemere Club Championships 2019	Haslemere	SE192143	4
200 Individual Medley	2:51.03	2:53.30	361	24/06/18	HSC Club Championships	Haslemere	SE181637	4
400 Individual Medley	6:49.35	6:53.60	253	29/11/15	Haslemere 400m Individual Medley Time Trials	Haslemere	SE152335	4
100 Individual Medley	1:21.63	1:21.60	331	02/07/17	Haslemere Club Championships	Haslemere	SE171408	4