

# Individual Best Times (All Time)

Aura Gleeson - (886719) - Hillingdon Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.79	30.10	450	12/05/18	2018 London Swimming Regional Summer Champs	Stratford	LR180782	1
100 Freestyle	1:12.12	1:10.90	368	16/07/17	Portsmouth Northsea End of Season Meet	Portsmouth	SE170212	3
400 Freestyle	5:10.63	5:06.10	435	26/01/19	2019 Middlesex County Championships	London	LR190268	1
50 Breaststroke	38.35	37.50	439	27/01/19	2019 Middlesex County Championships	London	LR190268	1
100 Breaststroke	1:28.60	1:27.20	379	27/01/19	2019 Middlesex County Championships	London	LR190268	1
200 Breaststroke	3:07.36	3:04.50	395	26/01/19	2019 Middlesex County Championships	London	LR190268	1
50 Butterfly	33.55	33.00	386	26/01/19	2019 Middlesex County Championships	London	LR190268	1
50 Backstroke	34.33	33.70	478	26/01/19	2019 Middlesex County Championships	London	LR190268	1
100 Backstroke	1:22.14	1:21.20	340	16/07/17	Portsmouth Northsea End of Season Meet	Portsmouth	SE170212	3
200 Backstroke	2:56.95	2:55.10	337	14/04/17	UEA City of Norwich Easter LC Meet	Norwich	ER170310	1
200 Individual Medley	2:46.50	2:44.10	434	18/05/19	London 2019 Long Course Summer Championships	Crystal Palace	LR191255	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.35	31.00	431	29/09/18	Team Luton September Short Course Meet 2018	Inspire Luton	ER181035	3
100 Freestyle	1:05.56	1:06.80	450	17/11/18	Enfield Swim Squad County Qualifier	Enfield	LR181584	3
200 Freestyle	2:24.65	2:27.00	443	02/03/19	Enfield Spring Regional Qualifier	Enfield	LR190285	3
400 Freestyle	5:03.37	5:08.00	443	20/01/18	MCASA 2018 County Age Group & Youth Championships	Southbury Road LC	LR180224	2
800 Freestyle	10:40.46	10:49.40	414	30/09/18	Team Luton September Short Course Meet 2018	Inspire Luton	ER181035	3
50 Breaststroke	38.60	39.40	397	23/09/17	Team Luton Autumn Short Course Meet 2017	Luton	ER171628	3
100 Breaststroke	1:24.91	1:26.40	396	29/09/18	Team Luton September Short Course Meet 2018	Inspire Luton	ER181035	3
200 Breaststroke	3:02.38	3:05.30	401	08/07/18	Hillingdon SC Main Club Champs 2018	Northwood	LR180404	4
50 Butterfly	34.28	34.80	359	16/06/19	Hillingdon 3rd Maurice & Daphne Memorial Meet	Hillingdon	LR191733	2
100 Butterfly	1:17.96	1:18.90	333	02/03/19	Enfield Spring Regional Qualifier	Enfield	LR190285	3
50 Backstroke	34.12	34.70	405	02/11/19	2019 London Region Winter Championships	London	LR192817	2
100 Backstroke	1:15.05	1:16.10	391	30/09/18	Team Luton September Short Course Meet 2018	Inspire Luton	ER181035	3
200 Backstroke	2:41.50	2:43.60	399	17/11/18	Enfield Swim Squad County Qualifier	Enfield	LR181584	3
200 Individual Medley	2:40.15	2:42.60	440	18/11/18	Enfield Swim Squad County Qualifier	Enfield	LR181584	3
400 Individual Medley	5:43.70	5:48.80	427	30/09/18	Team Luton September Short Course Meet 2018	Inspire Luton	ER181035	3
100 Individual Medley	1:15.75	1:15.80	415	20/01/18	MCASA 2018 County Age Group & Youth Championships	Southbury Road LC	LR180224	2