

# Individual Best Times (All Time)

Polly Reed - (886210) - Newcastle SwimTeam

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.46	29.80	465	23/03/19	City of Sunderland National Qualifier 2019	Sunderland	NE190554	1
100 Freestyle	1:05.07	1:03.80	501	24/03/19	City of Sunderland National Qualifier 2019	Sunderland	NE190554	1
200 Freestyle	2:19.69	2:17.20	527	07/07/19	City of Sunderland ASC Summer Splash 2019	Sunderland	NE192020	3
400 Freestyle	4:50.35	4:45.50	532	06/04/19	Derwentio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
800 Freestyle	10:17.09	10:07.60	484	29/04/18	Richmond Dales April Fool Gala	Leeds	NE180005	3
50 Breaststroke	42.38	41.60	325	09/07/17	City of Sunderland Summer Splash 2017	Sunderland	NE171638	3
100 Breaststroke	1:31.28	1:29.90	346	12/03/17	Jorvik Spring Festival LC Meet	Leeds	NE170344	3
50 Butterfly	32.82	32.20	412	12/01/20	City of Sunderland New Year Meet 2020	Sunderland	NE200306	1
100 Butterfly	1:10.56	1:09.50	486	24/05/19	Glasgow International Swim Meet	Tollcross	SCO1665	1
200 Butterfly	2:36.21	2:34.20	474	25/05/19	Glasgow International Swim Meet	Tollcross	SCO1665	1
50 Backstroke	34.65	34.10	465	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	NE190005	1
100 Backstroke	1:12.46	1:11.30	495	06/05/18	North East Region Championships	Sheffield	NE180150	1
200 Backstroke	2:32.21	2:30.00	529	06/07/19	City of Sunderland ASC Summer Splash 2019	Sunderland	NE192020	3
200 Individual Medley	2:32.90	2:30.30	561	24/05/19	Glasgow International Swim Meet	Tollcross	SCO1665	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.69	31.40	417	15/04/18	South Tyneside Spring Meet 2018	South Shields	NE180836	3
100 Freestyle	1:03.42	1:04.70	497	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	NE181462	2
200 Freestyle	2:16.01	2:18.50	533	17/11/18	Stockport Metro November Short Course Open Meet	Stockport	NW182014	2
400 Freestyle	4:45.71	4:50.60	530	18/11/18	Stockport Metro November Short Course Open Meet	Stockport	NW182014	2
50 Breaststroke	39.39	40.20	373	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	NE181462	2
100 Breaststroke	1:25.95	1:27.40	381	01/12/18	Newcastle Swim Team Club Championships	Gateshead	NE182754	4
200 Breaststroke	3:17.87	3:20.50	314	14/01/17	Newcastle Swim Team County Qualifier Meet	South Shields	NE170148	3
50 Butterfly	32.73	33.30	413	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	NE181462	2
100 Butterfly	1:11.26	1:12.30	436	02/11/19	North East Region Open Championships (25m)	Sheffield	NE192157	2
200 Butterfly	2:33.48	2:35.50	473	15/12/19	Scottish National Short Course Championships	Edinburgh	SCO1762	2
50 Backstroke	33.48	34.10	428	18/11/18	Stockport Metro November Short Course Open Meet	Stockport	NW182014	2
100 Backstroke	1:10.08	1:11.20	480	01/12/18	Newcastle Swim Team Club Championships	Gateshead	NE182754	4
200 Backstroke	2:25.20	2:27.50	549	13/12/19	Scottish National Short Course Championships	Edinburgh	SCO1762	2
200 Individual Medley	2:32.37	2:34.90	511	03/11/18	Swim England North East Region Championships (25)	Sheffield	NE182208	2
100 Individual Medley	1:12.49	1:12.50	473	01/12/18	Newcastle Swim Team Club Championships	Gateshead	NE182754	4