

# Individual Best Times (All Time)

Thomas Sessions - (885898) - Dunmow Atlantis SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.22	36.80	172	17/10/13	Dunmow Atlantis Club Championships	Dunmow	ER3758	4
100 Freestyle	1:20.09	1:21.10	175	26/09/13	Dunmow Atlantis Club Championships	Dunmow	ER3758	4
200 Freestyle	3:05.45	3:07.30	153	30/06/12	Eric Shepherd Invitation Meet	Harlow	ER2337	3
50 Breaststroke	49.66	50.30	126	26/09/13	Dunmow Atlantis Club Championships	Dunmow	ER3758	4
50 Backstroke	45.23	45.70	116	14/04/13	Halstead 4th SC Open Meet	Braintree	ER3268	3