

Individual Best Times (All Time)

Cian Lennon - (885145) - Seabyrd SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	48.67	48.20	79	23/09/12	Hillingdon SC Autumn Sprints Meet 2012	Hillingdon	LR2129	4
50 Breaststroke	1:05.01	1:04.50	63	23/09/12	Hillingdon SC Autumn Sprints Meet 2012	Hillingdon	LR2129	4

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	44.57	45.00	92	19/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3
100 Freestyle	1:34.06	1:34.90	108	17/05/15	Leighton Buzzard Level 3 Open Meet	Milton Keynes	ER150192	3
50 Breaststroke	57.84	58.40	80	17/05/15	Leighton Buzzard Level 3 Open Meet	Milton Keynes	ER150192	3
100 Breaststroke	2:08.76	2:09.70	79	17/05/15	Leighton Buzzard Level 3 Open Meet	Milton Keynes	ER150192	3
200 Breaststroke	4:30.87	4:32.80	87	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3
50 Backstroke	46.27	46.70	109	17/05/15	Leighton Buzzard Level 3 Open Meet	Milton Keynes	ER150192	3
100 Backstroke	1:50.11	1:50.80	84	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3
100 Individual Medley	1:53.47	1:53.50	81	19/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3