

Individual Best Times (All Time)

Ailsa Kellas - (884028) - Burntisland ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.34	28.60	521	24/05/19	Glasgow International Swim Meet	Tollcross	SCO1665	1
100 Freestyle	1:04.48	1:03.20	515	26/05/19	Glasgow International Swim Meet	Tollcross	SCO1665	1
200 Freestyle	2:30.86	2:28.50	418	04/06/17	East Kilbride Long Course Meet	East Kilbride	SCO1306	1
400 Freestyle	5:30.28	5:26.00	361	04/06/16	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO1139	2
50 Breaststroke	38.21	37.40	444	24/05/19	Glasgow International Swim Meet	Tollcross	SCO1665	1
100 Breaststroke	1:24.20	1:22.70	441	10/02/19	Swim Scotland East District Age Groups 2019	Edinburgh	SCO1596	1
200 Breaststroke	3:06.75	3:03.90	399	01/07/17	Scottish National Open Championships	Aberdeen	SCO1320	1
50 Butterfly	30.94	30.30	492	26/05/19	Glasgow International Swim Meet	Tollcross	SCO1665	1
100 Butterfly	1:14.57	1:13.50	411	09/02/19	Swim Scotland East District Age Groups 2019	Edinburgh	SCO1596	1
50 Backstroke	32.12	31.50	584	30/03/19	Scottish National Age Group Championships	Tollcross	SCO1637	1
100 Backstroke	1:10.50	1:09.40	537	28/03/19	Scottish National Age Group Championships	Tollcross	SCO1637	1
200 Backstroke	2:32.07	2:29.90	530	27/03/19	Scottish National Age Group Championships	Tollcross	SCO1637	1
200 Individual Medley	2:35.21	2:32.60	536	09/02/19	Swim Scotland East District Age Groups 2019	Edinburgh	SCO1596	1
400 Individual Medley	5:40.08	5:34.90	477	28/06/18	Scottish National Open Championships	Tollcross	SCO1495	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.93	29.60	497	02/11/19	East District Age Group Championships	Michael Wood Centre	SCO1739	2
100 Freestyle	1:02.22	1:03.50	526	10/03/19	Fife Leagues March 19	Michael Woods Centre	SCO1623	2
200 Freestyle	2:17.22	2:19.70	519	26/05/18	InCAS Distance Gala 2018	Glenrothes	SCO1496	2
400 Freestyle	4:52.26	4:57.00	495	08/06/19	East Lothian Distance Meet	Mercat Gait	SCO1679	2
800 Freestyle	10:05.11	10:14.60	491	07/06/19	East Lothian Distance Meet	Mercat Gait	SCO1679	2
1500 Freestyle	19:11.65	19:29.40	490	09/06/19	East Lothian Distance Meet	Mercat Gait	SCO1679	2
50 Breaststroke	37.15	38.00	445	17/02/19	Carnegie Open Spring Meet 2019	Michael Woods Centre	SCO1606	2
100 Breaststroke	1:21.86	1:23.40	442	02/06/19	Fife Leagues May 19	Michael Woods Centre	SCO1682	2
200 Breaststroke	2:51.83	2:54.90	480	13/01/19	East District Age Group Championships Round 3	Michael Woods Centre	SCO1580	1
50 Butterfly	31.13	31.70	480	02/11/19	East District Age Group Championships	Michael Wood Centre	SCO1739	2
100 Butterfly	1:12.34	1:13.40	417	26/10/19	Carnegie Winter Open Meet 2019	Michael Woods	SCO1726	2
200 Butterfly	2:46.55	2:48.40	370	02/06/19	Fife Leagues May 19	Michael Woods Centre	SCO1682	2
50 Backstroke	31.45	32.10	517	02/11/19	East District Age Group Championships	Michael Wood Centre	SCO1739	2
100 Backstroke	1:08.72	1:09.90	509	01/09/19	Fife Leagues September 19	Michael Woods	SCO1725	2
200 Backstroke	2:26.91	2:29.20	530	10/03/19	Fife Leagues March 19	Michael Woods Centre	SCO1623	2
200 Individual Medley	2:31.78	2:34.40	517	27/05/18	InCAS Distance Gala 2018	Glenrothes	SCO1496	2
400 Individual Medley	5:23.12	5:28.50	514	17/02/19	Carnegie Open Spring Meet 2019	Michael Woods Centre	SCO1606	2
100 Individual Medley	1:12.06	1:12.10	482	27/10/19	Carnegie Winter Open Meet 2019	Michael Woods	SCO1726	2