

# Individual Best Times (All Time)

Ewan Howell - (882845) - Woking SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.85	27.10	423	07/04/18	Crawley Spring Open	Crawley	SE180013	1
100 Freestyle	1:01.80	1:00.40	435	08/04/18	Crawley Spring Open	Crawley	SE180013	1
200 Freestyle	2:48.22	2:46.10	222	12/04/15	Rushmoor Royals Spring NQ Open Meet	Aldershot	SE150233	1
200 Breaststroke	3:48.77	3:46.40	165	12/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	SE4084	1
50 Butterfly	30.64	30.00	383	08/04/18	Crawley Spring Open	Crawley	SE180013	1
200 Butterfly	2:44.37	2:42.40	302	11/02/18	Surrey Age Group Championships 2018	Surrey	LR180303	1
50 Backstroke	33.70	33.10	341	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Backstroke	1:11.45	1:10.30	376	07/04/18	Crawley Spring Open	Crawley	SE180013	1
200 Backstroke	2:35.59	2:33.40	372	11/02/18	Surrey Age Group Championships 2018	Surrey	LR180303	1
200 Individual Medley	3:45.41	3:43.60	129	07/10/12	Crawley SC Long Course Opportunity Meet	Crawley	SE2303	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.16	27.90	408	20/05/18	Woking 9th B C Grade Octopus Meet	Woking	SE180762	3
100 Freestyle	59.51	1:00.90	427	26/11/17	Woking Club Championships	Woking	SE171733	4
200 Freestyle	2:15.17	2:17.70	397	05/11/17	Haslemere Autumn Sparkler	Haslemere	SE171407	3
400 Freestyle	4:54.40	4:59.10	374	12/12/17	Woking Club Championships	Woking	SE171783	4
1500 Freestyle	20:38.94	20:55.50	319	12/11/17	Haslemere 800m & 1500m Time Trials	The Haslemere Ctr	SE172280	4
50 Breaststroke	44.49	45.20	176	10/05/15	Woking 6th Octopus B C Meet	Woking	SE150695	3
100 Breaststroke	1:49.07	1:50.20	130	19/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3
200 Breaststroke	3:35.12	3:37.60	174	10/11/13	Woking SC Club Championships	Woking	SE3835	4
50 Butterfly	30.36	31.00	367	20/05/18	Woking 9th B C Grade Octopus Meet	Woking	SE180762	3
100 Butterfly	1:10.90	1:12.00	306	05/11/17	Haslemere Autumn Sparkler	Haslemere	SE171407	3
200 Butterfly	2:43.89	2:45.80	277	01/10/17	Woking Club Championships	Woking	SE171730	4
50 Backstroke	32.00	32.60	329	20/05/18	Woking 9th B C Grade Octopus Meet	Woking	SE180762	3
100 Backstroke	1:11.04	1:12.20	314	26/11/17	Woking Club Championships	Woking	SE171733	4
200 Backstroke	2:29.56	2:31.80	352	15/10/17	Woking Club Championships	Woking	SE171731	4
200 Individual Medley	2:57.08	2:59.30	237	11/07/15	Black Swan Summer Open Meet 2015 (non nat qual)	Walton-on-Thames	SE151021	3
400 Individual Medley	6:56.58	7:00.80	179	17/12/13	Woking SC Club Championships	Woking	SE3835	4
100 Individual Medley	1:22.85	1:22.80	210	28/06/15	Leatherhead Summer Open Meet 2015	Dorking	SE150740	3