

Individual Best Times (All Time)

Kirstyn Calder - (882147) - Strathclyde University Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.58	28.90	508	03/02/19	2019 SS West District LC Senior Age Group Champs	Glasgow	SCO1590	1
100 Freestyle	1:03.26	1:01.90	546	30/03/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
200 Freestyle	2:13.57	2:10.90	603	02/02/19	2019 SS West District LC Senior Age Group Champs	Glasgow	SCO1590	1
400 Freestyle	4:40.77	4:35.70	589	30/06/18	Scottish National Open Championships	Tollcross	SCO1495	1
800 Freestyle	9:35.76	9:25.60	596	02/04/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
1500 Freestyle	18:32.40	18:13.70	566	30/03/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
50 Butterfly	32.80	32.20	413	03/02/19	2019 SS West District LC Senior Age Group Champs	Glasgow	SCO1590	1
100 Backstroke	1:19.32	1:18.30	377	03/04/15	Scottish National Age Group Championships	Aberdeen	SCO959	1
200 Backstroke	2:39.62	2:37.50	459	28/05/16	East District Open & Grand Prix	Edinburgh	SCO1132	1
200 Individual Medley	2:52.99	2:50.70	387	07/02/15	SASA West District JAG Championship	East Kilbride	SCO936	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.42	29.10	525	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Freestyle	1:00.78	1:02.10	565	28/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
200 Freestyle	2:08.45	2:11.10	633	27/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
400 Freestyle	4:32.87	4:38.00	609	28/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
800 Freestyle	9:20.17	9:30.40	619	05/11/16	North District Open Championships	Inverness	SCO1193	1
1500 Freestyle	18:36.32	18:54.70	538	21/02/16	FIRST Inter-Club Time Trial	Grangemouth	SCO1096	2
50 Breaststroke	40.58	41.30	341	22/05/16	Swim West Lothian IM Tough Meet	Livingston	SCO1134	2
100 Breaststroke	1:21.99	1:23.50	439	26/08/18	Central Swimming Championships 2018	Grangemouth	SCO1501	2
200 Breaststroke	3:04.22	3:07.10	389	22/05/16	Swim West Lothian IM Tough Meet	Livingston	SCO1134	2
50 Butterfly	31.80	32.40	450	01/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Butterfly	1:16.63	1:17.60	350	04/09/16	Central Swimming Championships 2016	Grangemouth	SCO1167	2
200 Butterfly	3:48.16	3:49.50	144	24/11/12	Falkirk Otter FIRST Graded Meet 2012	Falkirk	SCO668	2
50 Backstroke	36.55	37.10	329	24/01/15	FIRST Open Meet	Bathgate	SCO928	2
100 Backstroke	1:13.12	1:14.20	423	30/10/16	2016 SASA West District SC SAG Championship	Glasgow	SCO1199	1
200 Backstroke	2:34.99	2:37.10	451	22/05/16	Swim West Lothian IM Tough Meet	Livingston	SCO1134	2
200 Individual Medley	2:35.45	2:38.00	481	05/11/16	North District Open Championships	Inverness	SCO1193	1
400 Individual Medley	6:05.21	6:10.00	356	26/10/14	Dundee City Aquatics Meet	Dundee	SCO901	2
100 Individual Medley	1:17.09	1:17.10	393	09/01/16	FIRST Open Meet 2016	Bathgate	SCO1067	2