

Individual Best Times (All Time)

Ria Colbridge - (880774) - Midlothian SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.14	29.40	480	30/04/17	University of Aberdeen Long Course Open Meet	Aberdeen	SCO1287	1
100 Freestyle	1:03.94	1:02.60	528	29/03/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
200 Freestyle	2:13.50	2:10.90	604	15/07/18	Scottish Summer Meet 2018	Aberdeen	SCO1497	1
400 Freestyle	4:39.72	4:34.70	595	14/07/18	Scottish Summer Meet 2018	Aberdeen	SCO1497	1
800 Freestyle	9:38.79	9:28.70	587	13/07/18	Scottish Summer Meet 2018	Aberdeen	SCO1497	1
1500 Freestyle	18:38.95	18:20.40	556	15/07/18	Scottish Summer Meet 2018	Aberdeen	SCO1497	1
50 Breaststroke	38.26	37.40	442	29/04/17	University of Aberdeen Long Course Open Meet	Aberdeen	SCO1287	1
100 Breaststroke	1:22.11	1:20.60	476	05/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1
200 Breaststroke	2:56.41	2:53.40	474	30/03/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
50 Butterfly	34.12	33.60	367	01/05/16	COAST Long Course Meet	Aberdeen	SCO1116	1
100 Butterfly	1:16.75	1:15.80	377	02/04/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
100 Backstroke	1:16.01	1:14.90	429	03/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
200 Backstroke	2:41.61	2:39.50	442	28/03/18	Scottish National Age Group Championships	Tollcross	SCO1441	1
200 Individual Medley	2:35.03	2:32.50	538	02/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
400 Individual Medley	5:40.94	5:35.70	474	29/03/18	Scottish National Age Group Championships	Tollcross	SCO1441	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.82	30.50	454	22/12/18	East District Age Groups 2018 Round 2	Edinburgh	SCO1578	2
100 Freestyle	1:02.04	1:03.40	531	04/11/18	North District Open Championships 2018	Aberdeen	SCO1538	2
200 Freestyle	2:12.72	2:15.30	574	10/12/17	Scottish National Short Course Open Champs	Edinburgh	SCO1389	2
400 Freestyle	4:35.33	4:40.40	592	26/11/17	EDAG 17 Round 1	Michael Woods Centre	SCO1431	2
800 Freestyle	9:31.76	9:41.80	582	25/11/17	EDAG 17 Round 1	Michael Woods Centre	SCO1431	2
1500 Freestyle	18:10.76	18:29.50	577	26/11/17	EDAG 17 Round 1	Michael Woods Centre	SCO1431	2
50 Breaststroke	36.91	37.80	454	22/12/18	East District Age Groups 2018 Round 2	Edinburgh	SCO1578	2
100 Breaststroke	1:20.45	1:22.00	465	15/04/18	Midlothian Spring Meet	Mercat Gait Centre	SCO1481	2
200 Breaststroke	2:51.56	2:54.60	482	13/05/17	InCAS Distance Meet	Michael Woods Centre	SCO1300	2
50 Butterfly	46.89	47.30	140	09/11/13	Lothian Graded Meet	Prestonpans	SCO795	2
100 Butterfly	1:12.38	1:13.40	416	25/02/18	Hearts pre SNAGs 18	Xcite	SCO1424	2
200 Butterfly	2:42.30	2:44.20	400	15/04/18	Midlothian Spring Meet	Mercat Gait Centre	SCO1481	2
50 Backstroke	41.79	42.30	220	08/11/14	Lothian Region Graded Meet	Prestonpans	SCO902	2
100 Backstroke	1:13.25	1:14.30	420	16/12/17	Warrender Graded Meet	Michael Woods Centre	SCO1391	2
200 Backstroke	2:32.87	2:35.00	470	14/01/18	EDAG Round 2 2018	Michael Woods Centre	SCO1432	2
200 Individual Medley	2:33.02	2:35.60	505	24/02/19	Hearts pre SNAGs 19	Xcite	SCO1616	2
400 Individual Medley	5:22.20	5:27.60	519	15/04/18	Midlothian Spring Meet	Mercat Gait Centre	SCO1481	2
100 Individual Medley	1:11.81	1:11.80	487	28/10/18	Carnegie Winter Open Meet 2018	Michael Woods Centre	SCO1533	2