

Individual Best Times (All Time)

Matthew Housley - (876251) - Skipton Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.97	34.40	213	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
100 Freestyle	1:14.32	1:13.20	250	21/02/15	Yorkshire County Championships	Leeds	NE150623	1
200 Freestyle	2:42.58	2:40.40	246	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
400 Freestyle	5:36.74	5:32.50	279	14/02/15	Yorkshire County Championships	Leeds	NE150622	1
50 Breaststroke	39.57	38.80	282	11/02/17	Yorkshire SA County Championships	Sheffield	NE170142	1
100 Breaststroke	1:35.02	1:33.70	214	14/02/15	Yorkshire County Championships	Leeds	NE150622	1
200 Breaststroke	3:02.65	2:59.70	324	26/02/17	Yorkshire SA County Championships	Leeds	NE170143	1
50 Butterfly	36.78	36.30	221	31/01/15	Yorkshire County Championships	Sheffield	NE150621	1
100 Butterfly	1:27.36	1:26.50	181	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
50 Backstroke	41.13	40.60	187	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
100 Backstroke	1:25.56	1:24.60	219	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
200 Backstroke	3:04.24	3:02.40	224	22/02/14	Yorkshire SA County Championships	Leeds	CC4068	1
200 Individual Medley	2:53.61	2:51.30	283	14/02/15	Yorkshire County Championships	Leeds	NE150622	1
400 Individual Medley	6:20.69	6:16.00	258	21/02/15	Yorkshire County Championships	Leeds	NE150623	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.51	30.20	318	09/07/17	City of Bradford 'Summer Sizzler' Meet 2017	Bradford	NE170998	3
100 Freestyle	1:05.67	1:06.90	318	11/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	NE170165	3
200 Freestyle	2:21.47	2:23.90	346	08/04/17	Harrogate District Spa Town A & B Grade Meet	Harrogate	NE170167	3
400 Freestyle	5:13.96	5:18.40	308	08/01/17	Harrogate Janus A & B Grade Meet	Harrogate	NE170166	3
50 Breaststroke	36.44	37.30	320	21/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Breaststroke	1:19.63	1:21.20	334	20/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
200 Breaststroke	2:52.76	2:55.80	336	09/09/17	Skipton Club Gala 2017	Skipton	NE171819	4
50 Butterfly	33.09	33.70	283	09/09/17	Skipton Club Gala 2017	Skipton	NE171819	4
100 Butterfly	1:10.94	1:12.00	305	22/10/17	Yorkshire SA Winter Competition	Sheffield	NE171863	2
200 Butterfly	2:41.58	2:43.50	289	11/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	NE170165	3
50 Backstroke	35.04	35.60	251	09/09/17	Skipton Club Gala 2017	Skipton	NE171819	4
100 Backstroke	1:21.50	1:22.50	208	19/07/15	City of Bradford SC End of Season Meet Level 3	Shipley	NE150916	3
200 Backstroke	2:52.34	2:54.30	230	11/06/16	Harrogate Summer Meet	Harrogate	NE160246	3
200 Individual Medley	2:36.71	2:39.20	342	11/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	NE170165	3
400 Individual Medley	6:20.45	6:25.10	235	20/07/14	City of Bradford SC End of Season A B Graded Meet	Shipley	NE4363	3
100 Individual Medley	1:40.75	1:40.80	117	02/12/12	Bradford Grassroots Invitational Meet	Shipley	NE2802	3