

Individual Best Times (All Time)

Lana Finnegan - (875467) - Wey Valley SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.06	34.50	305	18/04/15	The Bracknell Spring Level 3 Open Meet	Aldershot	SE150574	3
100 Freestyle	1:24.38	1:23.40	230	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	SE4395	1
400 Freestyle	5:28.34	5:24.00	368	29/01/17	Surrey Age Group Championships	Guildford	LR170175	1
50 Breaststroke	41.85	41.10	338	26/02/17	Surrey Age Group Championships	Crystal Palace	LR170178	1
100 Breaststroke	1:32.39	1:31.00	334	06/02/16	Surrey County ASA Age Group Championships 2016	Guildford	LR160382	1
200 Breaststroke	3:10.28	3:07.50	377	12/02/17	Surrey Age Group Championships	Guildford	LR170177	1
50 Backstroke	47.80	47.40	177	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	SE4395	1
200 Backstroke	3:28.00	3:26.40	207	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	SE4395	1
200 Individual Medley	3:10.07	3:08.00	292	12/04/15	Rushmoor Royals Spring NQ Open Meet	Aldershot	SE150233	1
400 Individual Medley	6:10.00	6:05.20	371	12/02/17	Surrey Age Group Championships	Guildford	LR170177	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.28	32.90	358	06/11/16	Autumn Sparkler L3 Open Meet	Haslemere	SE162289	3
100 Freestyle	1:10.52	1:11.70	361	18/12/16	Chalfont Otters L4 Splash Meet	Maidenhead	SE162575	4
200 Freestyle	2:30.07	2:32.40	397	02/04/17	Black Swan Regional Qualifier Meet 2017	Elmbridge Xcel	SE170536	3
400 Freestyle	5:17.53	5:21.90	386	27/11/16	Woking Club Championships	Woking	SE161604	4
800 Freestyle	12:17.41	12:25.20	271	16/12/14	Woking Club Championships	Woking	SE14383	4
50 Breaststroke	38.80	39.60	390	19/05/18	Windsor L3 May Open Meet	The Magnet LC	SE180977	3
100 Breaststroke	1:24.76	1:26.20	398	05/11/17	Haslemere Autumn Sparkler	Haslemere	SE171407	3
200 Breaststroke	2:58.24	3:01.20	430	17/10/17	Woking Club Championships	Woking	SE171732	4
50 Butterfly	38.14	38.60	261	01/10/17	Woking Club Championships	Woking	SE171730	4
100 Butterfly	1:29.55	1:30.40	219	13/11/16	Woking Club Championships	Woking	SE161603	4
200 Butterfly	3:23.45	3:25.00	203	01/10/17	Woking Club Championships	Woking	SE171730	4
50 Backstroke	37.86	38.40	296	02/07/16	Bracknell & Wokingham Summer L3 Meet	Bracknell	SE161079	3
100 Backstroke	1:21.64	1:22.60	303	02/04/17	Black Swan Regional Qualifier Meet 2017	Elmbridge Xcel	SE170536	3
200 Backstroke	2:48.73	2:50.70	350	05/03/17	Surrey Age Group Championships	Guildford	LR170179	2
200 Individual Medley	2:47.68	2:50.00	383	04/03/17	Surrey Age Group Championships	Guildford	LR170179	2
400 Individual Medley	5:57.91	6:02.80	378	17/12/16	Chalfont Otters L4 Splash Meet	Maidenhead	SE162575	4
100 Individual Medley	1:18.56	1:18.60	372	05/11/16	Reading November L3 Open Meet	Reading	SE161267	3