

Individual Best Times (All Time)

Ellie Grant - (875340) - Brentwood SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.15	28.40	531	06/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
100 Freestyle	1:03.72	1:02.40	534	20/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Freestyle	2:15.29	2:12.70	580	02/05/15	London Region Summer Championships	Crystal Palace	LR150561	1
400 Freestyle	4:46.72	4:41.80	553	15/03/15	London Schools Championships 2015	Crystal Palace	LR150242	1
800 Freestyle	9:50.13	9:40.30	554	03/04/15	Beckenham Easter International Open 2015	Crystal Palace	LR150437	1
50 Breaststroke	34.21	33.30	619	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
100 Breaststroke	1:15.38	1:13.70	615	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	SE170371	1
200 Breaststroke	2:41.49	2:38.20	617	03/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
50 Butterfly	30.79	30.20	499	24/11/18	RTSC Early County Qualifiers 2018	London	LR182552	3
100 Butterfly	1:08.76	1:07.60	525	17/02/19	Essex Age Group Champs 2019	Basildon	ER190211	1
200 Butterfly	2:30.50	2:28.40	530	09/05/15	London Region Summer Championships	London	LR150562	1
50 Backstroke	33.83	33.20	500	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Backstroke	1:12.01	1:10.90	504	23/01/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Backstroke	2:32.80	2:30.60	523	27/04/14	Bexley Long Course Open Meet	London	LR4393	1
200 Individual Medley	2:28.25	2:25.60	615	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	LR170800	1
400 Individual Medley	5:18.78	5:13.20	580	03/05/15	London Region Summer Championships	Crystal Palace	LR150561	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.55	29.30	518	18/01/15	Essex County Age Group Championships 2015	Basildon	CC150043	2
100 Freestyle	1:01.81	1:03.10	537	31/01/15	Essex County Age Group Championships 2015	Southend	CC150044	2
200 Freestyle	2:10.08	2:12.70	609	15/02/15	Essex County Age Group Championships 2015	Basildon	CC150045	2
400 Freestyle	4:34.78	4:39.80	596	31/01/15	Essex County Age Group Championships 2015	Southend	CC150044	2
800 Freestyle	9:35.29	9:45.20	571	01/02/15	Essex County Age Group Championships 2015	Southend	CC150044	2
50 Breaststroke	34.06	35.00	577	04/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Breaststroke	1:12.82	1:14.50	628	19/01/19	Essex Age Group Champs 2019	Basildon	ER190208	2
200 Breaststroke	2:38.57	2:41.90	611	20/01/19	Essex Age Group Champs 2019	Basildon	ER190208	2
50 Butterfly	31.02	31.60	485	03/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Butterfly	1:07.85	1:09.00	505	17/01/15	Essex County Age Group Championships 2015	Basildon	CC150043	2
200 Butterfly	2:29.49	2:31.60	512	30/10/16	Essex Senior Winter Championships 2016	Basildon	ER161065	2
50 Backstroke	32.00	32.60	491	18/12/16	LBRSC Last Chance Qualifying Meet	Fullwell Cross	LR161365	3
100 Backstroke	1:09.19	1:10.30	499	30/11/14	Essex Senior Junior Championships	Basildon	ER4970	2
200 Backstroke	2:25.42	2:27.70	547	17/01/15	Essex County Age Group Championships 2015	Basildon	CC150043	2
200 Individual Medley	2:26.11	2:28.80	580	30/10/16	Essex Senior Winter Championships 2016	Basildon	ER161065	2
400 Individual Medley	5:06.32	5:12.00	604	29/10/16	Essex Senior Winter Championships 2016	Basildon	ER161065	2
100 Individual Medley	1:08.35	1:08.30	565	15/02/15	Essex County Age Group Championships 2015	Basildon	CC150045	2